

Posh Bakery
Nutrition Label Report
Cream Cheese, 5 Lb, Chive

9:48 PM 4/10/2026
Page 1 of 25

Nutrition Facts	
74 servings per container	
Serving size	31 g
Amount per serving	
Calories	70
% Daily Value *	
Total Fat 6g	7%
Saturated Fat 3.5g	18%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 100mg	4%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0.1mcg	0%
Calcium 30mg	2%
Iron 0.1mg	0%
Potassium 40mg	0%
Vitamin A 10mcg	0%
Folate 5mcg DFE	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE
(PASTEURIZED CULTURED MILK AND
CREAM, SALT, STABILIZERS [GUAR
GUM AND CAROB BEAN GUM]),
ONIONS

CONTAINS: MILK

Posh Bakery
Nutrition Label Report
Cream Cheese, 5 Lb, Garlic

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Nutrition Facts	
74 servings per container	
Serving size	31 g
Amount per serving	
Calories	70
% Daily Value *	
Total Fat 6g	8%
Saturated Fat 4g	19%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 105mg	5%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0.1mcg	0%
Calcium 30mg	2%
Iron 0.4mg	2%
Potassium 50mg	2%
Vitamin A 10mcg	0%
Folate 0mcg DFE	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE
(PASTEURIZED CULTURED MILK AND
CREAM, SALT, STABILIZERS [GUAR
GUM AND CAROB BEAN GUM]),
PARSLEY, GARLIC, DILL WEED

CONTAINS: MILK

Posh Bakery
Nutrition Label Report
Cream Cheese, 5 Lb, Honey

Nutrition Facts	
74 servings per container	
Serving size	31 g
Amount per serving	
Calories	80
% Daily Value *	
Total Fat 6g	7%
Saturated Fat 3.5g	18%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 95mg	4%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 4g Added Sugars	7%
Protein 2g	
Vitamin D 0.1mcg	0%
Calcium 20mg	2%
Iron 0.1mg	0%
Potassium 30mg	0%
Vitamin A 0mcg	0%
Folate 0mcg DFE	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE
(PASTEURIZED CULTURED MILK AND
CREAM, SALT, STABILIZERS [GUAR
GUM AND CAROB BEAN GUM]), HONEY

CONTAINS: MILK

Posh Bakery
Nutrition Label Report
Cream Cheese, 5 Lb, Jalapeno

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Nutrition Facts	
74 servings per container	
Serving size	31 g
Amount per serving	
Calories	60
% Daily Value *	
Total Fat 5g	7%
Saturated Fat 3.5g	17%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	6%
Sodium 95mg	4%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0.1mcg	0%
Calcium 20mg	2%
Iron 0.1mg	0%
Potassium 40mg	0%
Vitamin A 0mcg	0%
Folate 0mcg DFE	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE
(PASTEURIZED CULTURED MILK AND
CREAM, SALT, STABILIZERS [GUAR
GUM AND CAROB BEAN GUM]),
JALAPENO PEPPERS, ONIONS, RAW
GREEN, RED BELL PEPPER

CONTAINS: MILK

Posh Bakery
Nutrition Label Report
Cream Cheese, 5 Lb, Lox

Nutrition Facts	
74 servings per container	
Serving size	31 g
Amount per serving	
Calories	60
% Daily Value *	
Total Fat 5g	6%
Saturated Fat 3g	15%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	6%
Sodium 260mg	11%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.1mg	0%
Potassium 40mg	0%
Vitamin A 0mcg	0%
Folate 0mcg DFE	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [GUAR GUM AND CAROB BEAN GUM]), SMOCKED SALMON TRIM (SALMON, SALT, CELERY POWDER)

CONTAINS: MILK, SALMON

Posh Bakery
Nutrition Label Report
Cream Cheese, 5 Lb, Plain

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Nutrition Facts	
74 servings per container	
Serving size	31 g
Amount per serving	
Calories	90
% Daily Value *	
Total Fat 9g	11%
Saturated Fat 6g	29%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 90mg	4%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 1.2mcg	6%
Calcium 20mg	2%
Iron 0mg	0%
Potassium 30mg	0%
Vitamin A 310mcg	35%
Folate 0mcg DFE	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE
(PASTEURIZED CULTURED MILK AND
CREAM, SALT, STABILIZERS [GUAR
GUM AND CAROB BEAN GUM])

CONTAINS: MILK

Posh Bakery
Nutrition Label Report
Cream Cheese, 5 Lb, Plain, Lite

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Nutrition Facts	
74 servings per container	
Serving size	31 g
Amount per serving	
Calories	80
% Daily Value *	
Total Fat 7g	8%
Saturated Fat 4g	21%
<i>Trans</i> Fat 0g	
Cholesterol 25mg	8%
Sodium 115mg	5%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0.1mcg	0%
Calcium 30mg	2%
Iron 0.1mg	0%
Potassium 30mg	0%
Vitamin A 0mcg	0%
Folate 0mcg DFE	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE
(PASTEURIZED CULTURED MILK AND
CREAM, SALT, STABILIZERS [GUAR
GUM AND CAROB BEAN GUM])

CONTAINS: MILK

Posh Bakery
Nutrition Label Report
Cream Cheese, 5 Lb, Spinach

Nutrition Facts	
74 servings per container	
Serving size	31 g
Amount per serving	
Calories	70
% Daily Value *	
Total Fat 5g	7%
Saturated Fat 3.5g	17%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	6%
Sodium 90mg	4%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0.3mg	2%
Potassium 60mg	2%
Vitamin A 10mcg	2%
Folate 5mcg DFE	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [GUAR GUM AND CAROB BEAN GUM]), WATER CHESTNUTS, SPINACH, ONIONS, DILL WEED

CONTAINS: MILK

Posh Bakery
 Nutrition Label Report
 Cream Cheese, 5 Lb, Strawberry

Nutrition Facts	
74 servings per container	
Serving size	31 g
<hr/>	
Amount per serving	
Calories	70
<hr/>	
<small>% Daily Value *</small>	
Total Fat 5g	7%
Saturated Fat 3.5g	17%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	6%
Sodium 95mg	4%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 3g Added Sugars	6%
Protein 2g	
<hr/>	
Vitamin D 0.1mcg	0%
Calcium 20mg	2%
Iron 0.1mg	0%
Potassium 30mg	0%
Vitamin A 0mcg	0%
Folate 0mcg DFE	0%
<hr/>	
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

INGREDIENTS: CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [GUAR GUM AND CAROB BEAN GUM]), FILLING STRAWBERRY ALL PURPOSE (WATER, HIGH FRUCTOSE CORN SYRUP, STRAWBERRIES, CORN SYRUP, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: CITRIC ACID, NATURAL FLAVOR, GELLAN GUM, POTASSIUM SORBATE AND SODIUM BENZOATE [PRESERVATIVES], SALT, F.D.&C. RED 40 AND BLUE 1), HONEY

CONTAINS: MILK

Posh Bakery
Nutrition Label Report
Cream Cheese, 5 Lb, Tomato

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Nutrition Facts	
74 servings per container	
Serving size	31 g
Amount per serving	
Calories	70
% Daily Value *	
Total Fat 6g	8%
Saturated Fat 4g	19%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 105mg	5%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0.1mcg	0%
Calcium 30mg	2%
Iron 0.2mg	2%
Potassium 100mg	2%
Vitamin A 0mcg	0%
Folate 0mcg DFE	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE
(PASTEURIZED CULTURED MILK AND
CREAM, SALT, STABILIZERS [GUAR
GUM AND CAROB BEAN GUM]), SUN-
DRIED TOMATOES, BASIL

CONTAINS: MILK

Posh Bakery
 Nutrition Label Report
 Cream Cheese, 5 Lb, Veggie

Nutrition Facts	
74 servings per container	
Serving size	31 g
Amount per serving	
Calories	60
% Daily Value *	
Total Fat 5g	6%
Saturated Fat 3g	16%
<i>Trans</i> Fat 0g	
Cholesterol 15mg	6%
Sodium 90mg	4%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.1mg	0%
Potassium 50mg	0%
Vitamin A 30mcg	2%
Folate 0mcg DFE	0%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

INGREDIENTS: CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [GUAR GUM AND CAROB BEAN GUM]), CARROTS, CELERY, RAW, GREEN BELL PEPPER, RED BELL PEPPER, RADISHES, RAW

CONTAINS: MILK

Posh Bakery
Nutrition Label Report
Cream Cheese, 5 Lb, Walnut

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Nutrition Facts	
74 servings per container	
Serving size	31 g
Amount per serving	
Calories	80
% Daily Value *	
Total Fat 6g	8%
Saturated Fat 3.5g	18%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	6%
Sodium 95mg	4%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 2g Added Sugars	4%
Protein 2g	
Vitamin D 0.1mcg	0%
Calcium 20mg	2%
Iron 0.1mg	0%
Potassium 50mg	0%
Vitamin A 0mcg	0%
Folate 0mcg DFE	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE
(PASTEURIZED CULTURED MILK AND
CREAM, SALT, STABILIZERS [GUAR
GUM AND CAROB BEAN GUM]), HONEY,
WALNUTS, RAISINS

CONTAINS: MILK, NUTS (WALNUTS)

Posh Bakery
Nutrition Label Report
Cream Cheese, Chive, 6.5 Oz

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Nutrition Facts	
6 servings per container	
Serving size	31 g
Amount per serving	
Calories	70
% Daily Value *	
Total Fat 6g	7%
Saturated Fat 3.5g	18%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 100mg	4%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0.1mcg	0%
Calcium 30mg	2%
Iron 0.1mg	0%
Potassium 40mg	0%
Vitamin A 10mcg	0%
Folate 5mcg DFE	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE
(PASTEURIZED CULTURED MILK AND
CREAM, SALT, STABILIZERS [GUAR
GUM AND CAROB BEAN GUM]),
ONIONS

CONTAINS: MILK

Posh Bakery
Nutrition Label Report
Cream Cheese, Garlic, 6.5 Oz

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Nutrition Facts	
6 servings per container	
Serving size	31 g
Amount per serving	
Calories	70
% Daily Value *	
Total Fat 6g	8%
Saturated Fat 4g	19%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 105mg	5%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0.1mcg	0%
Calcium 30mg	2%
Iron 0.4mg	2%
Potassium 50mg	2%
Vitamin A 10mcg	0%
Folate 0mcg DFE	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE
(PASTEURIZED CULTURED MILK AND
CREAM, SALT, STABILIZERS [GUAR
GUM AND CAROB BEAN GUM]),
PARSLEY, GARLIC, DILL WEED

CONTAINS: MILK

Posh Bakery
Nutrition Label Report
Cream Cheese, Honey, 6.5 Oz

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Nutrition Facts	
6 servings per container	
Serving size	31 g
Amount per serving	
Calories	80
% Daily Value *	
Total Fat 6g	7%
Saturated Fat 3.5g	18%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 95mg	4%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 4g Added Sugars	7%
Protein 2g	
Vitamin D 0.1mcg 0%	
Calcium 20mg 2%	
Iron 0.1mg 0%	
Potassium 30mg 0%	
Vitamin A 0mcg 0%	
Folate 0mcg DFE 0%	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE
(PASTEURIZED CULTURED MILK AND
CREAM, SALT, STABILIZERS [GUAR
GUM AND CAROB BEAN GUM]), HONEY

CONTAINS: MILK

Posh Bakery
Nutrition Label Report
Cream Cheese, Jalapeno, 6.5 Oz

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Nutrition Facts	
6 servings per container	
Serving size	31 g
Amount per serving	
Calories	60
% Daily Value *	
Total Fat 5g	7%
Saturated Fat 3.5g	17%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	6%
Sodium 95mg	4%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0.1mcg	0%
Calcium 20mg	2%
Iron 0.1mg	0%
Potassium 40mg	0%
Vitamin A 0mcg	0%
Folate 0mcg DFE	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE
(PASTEURIZED CULTURED MILK AND
CREAM, SALT, STABILIZERS [GUAR
GUM AND CAROB BEAN GUM]),
JALAPENO PEPPERS, ONIONS, RAW
GREEN, RED BELL PEPPER

CONTAINS: MILK

Posh Bakery
Nutrition Label Report
Cream Cheese, Lox, 6.5 Oz

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Nutrition Facts	
6 servings per container	
Serving size	31 g
Amount per serving	
Calories	60
% Daily Value *	
Total Fat 5g	6%
Saturated Fat 3g	15%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	6%
Sodium 260mg	11%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.1mg	0%
Potassium 40mg	0%
Vitamin A 0mcg	0%
Folate 0mcg DFE	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE
(PASTEURIZED CULTURED MILK AND
CREAM, SALT, STABILIZERS [GUAR
GUM AND CAROB BEAN GUM]),
SMOCKED SALMON TRIM (SALMON,
SALT, CELERY POWDER)

CONTAINS: MILK, SALMON

Posh Bakery
Nutrition Label Report
Cream Cheese, Plain, 6.5 Oz

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Nutrition Facts	
6 servings per container	
Serving size	31 g
Amount per serving	
Calories	90
% Daily Value *	
Total Fat 9g	11%
Saturated Fat 6g	29%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 90mg	4%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 1.2mcg	6%
Calcium 20mg	2%
Iron 0mg	0%
Potassium 30mg	0%
Vitamin A 310mcg	35%
Folate 0mcg DFE	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE
(PASTEURIZED CULTURED MILK AND
CREAM, SALT, STABILIZERS [GUAR
GUM AND CAROB BEAN GUM])

CONTAINS: MILK

Posh Bakery
Nutrition Label Report
Cream Cheese, Plain, Lite 6.5 Oz

Nutrition Facts	
6 servings per container	
Serving size	31 g
Amount per serving	
Calories	80
% Daily Value *	
Total Fat 7g	8%
Saturated Fat 4g	21%
<i>Trans</i> Fat 0g	
Cholesterol 25mg	8%
Sodium 115mg	5%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0.1mcg	0%
Calcium 30mg	2%
Iron 0.1mg	0%
Potassium 30mg	0%
Vitamin A 0mcg	0%
Folate 0mcg DFE	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE
(PASTEURIZED CULTURED MILK AND
CREAM, SALT, STABILIZERS [GUAR
GUM AND CAROB BEAN GUM])

CONTAINS: MILK

Posh Bakery
Nutrition Label Report
Cream Cheese, Spinach, 6.5 Oz

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Nutrition Facts	
6 servings per container	
Serving size	31 g
Amount per serving	
Calories	70
% Daily Value *	
Total Fat 5g	7%
Saturated Fat 3.5g	17%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	6%
Sodium 90mg	4%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0.3mg	2%
Potassium 60mg	2%
Vitamin A 10mcg	2%
Folate 5mcg DFE	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [GUAR GUM AND CAROB BEAN GUM]), WATER CHESTNUTS, SPINACH, ONIONS, DILL WEED

CONTAINS: MILK

Posh Bakery
 Nutrition Label Report
 Cream Cheese, Strawberry, 6.5 Oz

Nutrition Facts	
6 servings per container	
Serving size	31 g
<hr/>	
Amount per serving	
Calories	70
<hr/>	
<small>% Daily Value *</small>	
Total Fat 5g	7%
Saturated Fat 3.5g	17%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	6%
Sodium 95mg	4%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 3g Added Sugars	6%
Protein 2g	
<hr/>	
Vitamin D 0.1mcg	0%
Calcium 20mg	2%
Iron 0.1mg	0%
Potassium 30mg	0%
Vitamin A 0mcg	0%
Folate 0mcg DFE	0%
<hr/>	
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

INGREDIENTS: CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [GUAR GUM AND CAROB BEAN GUM]), FILLING STRAWBERRY ALL PURPOSE (WATER, HIGH FRUCTOSE CORN SYRUP, STRAWBERRIES, CORN SYRUP, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: CITRIC ACID, NATURAL FLAVOR, GELLAN GUM, POTASSIUM SORBATE AND SODIUM BENZOATE [PRESERVATIVES], SALT, F.D.&C. RED 40 AND BLUE 1), HONEY

CONTAINS: MILK

Posh Bakery
Nutrition Label Report
Cream Cheese, Tomato, 6.5 Oz

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Nutrition Facts	
6 servings per container	
Serving size	31 g
Amount per serving	
Calories	70
% Daily Value *	
Total Fat 6g	8%
Saturated Fat 4g	19%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 105mg	5%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0.1mcg	0%
Calcium 30mg	2%
Iron 0.2mg	2%
Potassium 100mg	2%
Vitamin A 0mcg	0%
Folate 0mcg DFE	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE
(PASTEURIZED CULTURED MILK AND
CREAM, SALT, STABILIZERS [GUAR
GUM AND CAROB BEAN GUM]), SUN-
DRIED TOMATOES, BASIL

CONTAINS: MILK

Posh Bakery
 Nutrition Label Report
 Cream Cheese, Veggie, 6.5 Oz

Nutrition Facts	
6 servings per container	
Serving size	31 g
Amount per serving	
Calories	60
<small>% Daily Value *</small>	
Total Fat 5g	6%
Saturated Fat 3g	16%
<i>Trans</i> Fat 0g	
Cholesterol 15mg	6%
Sodium 90mg	4%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.1mg	0%
Potassium 50mg	0%
Vitamin A 30mcg	2%
Folate 0mcg DFE	0%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

INGREDIENTS: CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [GUAR GUM AND CAROB BEAN GUM]), CARROTS, CELERY, RAW, GREEN BELL PEPPER, RED BELL PEPPER, RADISHES, RAW

CONTAINS: MILK

Posh Bakery
Nutrition Label Report
Cream Cheese, Walnut, 6.5 Oz

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Nutrition Facts	
6 servings per container	
Serving size	31 g
Amount per serving	
Calories	80
% Daily Value *	
Total Fat 6g	8%
Saturated Fat 3.5g	18%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	6%
Sodium 95mg	4%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 2g Added Sugars	4%
Protein 2g	
Vitamin D 0.1mcg	0%
Calcium 20mg	2%
Iron 0.1mg	0%
Potassium 50mg	0%
Vitamin A 0mcg	0%
Folate 0mcg DFE	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CREAM CHEESE
(PASTEURIZED CULTURED MILK AND
CREAM, SALT, STABILIZERS [GUAR
GUM AND CAROB BEAN GUM]), HONEY,
WALNUTS, RAISINS

CONTAINS: MILK, NUTS (WALNUTS)

Posh Bakery
Nutrition Label Report
Hummus, 6.5 Oz

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Nutrition Facts	
6 servings per container	
Serving size	31 g
Amount per serving	
Calories	80
% Daily Value *	
Total Fat 5g	7%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 95mg	4%
Total Carbohydrate 7g	3%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 10mg	2%
Iron 0.8mg	4%
Potassium 80mg	2%
Vitamin A 0mcg	0%
Folate 45mcg DFE	10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: GARBANZO BEANS,
OLIVE OIL, LIME JUICE, GARLIC, SALT,
CUMIN, CAYENNE PEPPER