



445 Nelo St. Santa Clara CA 95054

Sourdough Bread Bowl

Nutrition Facts			
Serving Size: 56 g (2 oz)			
Servings per Container: 12			
Amount per Serving			
Calories 130	Calories from Fat 0		
% Daily Value*			
Total Fat 0.5g	1%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 330mg	14%		
Total Carbohydrate 25g	8%		
Dietary Fiber 0g	0%		
Sugars 0g			
Protein 4g			
Vitamin A 0%	Vitamin C 0%		
Calcium 0%	Iron 10%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
	Fat 9	Carbohydrates 4	Protein 4

INGREDIENTS: Enriched Wheat Flour (niacin, Reduced Iron, Thiamin, Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour), Water, Salt, Vital Wheat Gluten, Dough Conditioner (dextrose, Mono & Diglycerides, Ascorbic Acid, Enzymes), Yeast.

CONTAINS: WHEAT

Posh Bakery
Nutrition Label Report
Cornbread, Jalapeno - Uc Davis

Nutrition Facts

24 servings per container
Serving size **47 g (1.7 oz)**

Amount per serving
Calories 150

	% Daily Value *
Total Fat 4.5g	6%
Saturated Fat 1g	4%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 25g	9%
Dietary Fiber 1g	2%
Total Sugars 9g	
Includes 9g Added Sugars	18%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.2mg	6%
Potassium 60mg	2%
Vitamin A 0mcg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: SUGAR, BLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (SOYBEAN OIL, VEGETABLE MONO & DIGLYCERIDES, DISTILLED PROPYLENE GLYCOL ESTER, TOCOPHEROLS [VITAMIN E], VITAMIN C PALMITATE [AS ANTIOXIDANTS]), DRIED EGG WHITES, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINIUM PHOSPHATE, MONOCALCIUM PHOSPHATE), NONFAT DRY MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: DEXTROSE, FOOD STARCH MODIFIED, SALT, ARTIFICIAL FLAVOR, DICALCIUM PHOSPHATE (DOUGH CONDITIONER), SODIUM STEAROYL LACTYLATE (DOUGH CONDITIONER), MODIFIED CELLULOSE, LOCUST BEAN GUM, GUAR GUM, XANTHAN GUM, SOY LECITHIN,, WATER, YELLOW CORN MEAL, JALAPENO PEPPER, CANOLA OIL

CONTAINS: EGGS, MILK, SOY, WHEAT