

Posh Bakery Nutrition Label Bear Claw, Large

9:39 PM 2/7/2025
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| Nutrition Facts | |
|--|---------------------|
| 1 serving per container | |
| Serving size | 113 g (4 oz) |
| Amount per serving | |
| Calories | 730 |
| <small>% Daily Value *</small> | |
| Total Fat 43g | 56% |
| Saturated Fat 20g | 101% |
| <i>Trans Fat</i> 1g | |
| Cholesterol 95mg | 32% |
| Sodium 550mg | 24% |
| Total Carbohydrate 67g | 24% |
| Dietary Fiber 5g | 17% |
| Total Sugars 20g | |
| Includes <1g Added Sugars 2% | |
| Protein 16g | |
| Vitamin D 21.4mcg | 110% |
| Calcium 100mg | 8% |
| Iron 1.5mg | 8% |
| Potassium 220mg | 4% |
| <small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small> | |
| <small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small> | |

INGREDIENTS: ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), WATER, PURE CANE SUGAR, NONFAT DRY MILK, SALT, YEAST (YEAST, SORBITAN MONOSTEARATE), ALMOND PASTE (ALMONDS, SUGAR, WATER, POTASSIUM SORBATE [PRESERVATIVE], NATURAL AND ARTIFICIAL FLAVOR), NATURAL ALMONDS, EGGS, UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), UNBLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SOYBEAN OIL, DEFATTED SOY FLOUR (CONTAINS SOY LECITHIN), LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), ISOLATED SOY PROTEIN, DEXTROSE, WHEAT STARCH, SALT, NATURAL FLAVOR, CELLULOSE GUM, EMULSIFIER (POLYGLYCEROL ESTERS OF FATTY ACIDS AND MONOGLYCERIDES, RICE STARCH), SPICE, BETA CAROTENE (COLOR), PALM OIL, APRICOT GLAZE, VANILLA EXTRACT, CORN SYRUP, NATURAL ALMOND EMULSION (WATER, NATURAL ALMOND OIL, PROPYLENE GLYCOL, XANTHAN GUM)

Contains: Almonds, Eggs, milk, Nuts, Soy, Wheat

Posh Bakery Nutrition Label Bear Claw, Small

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| Nutrition Facts | |
|--|----------------------|
| 1 serving per container | |
| Serving size | 50 g (1.8 oz) |
| Amount per serving | |
| Calories | 290 |
| <small>% Daily Value *</small> | |
| Total Fat 17g | 21% |
| Saturated Fat 8g | 40% |
| <i>Trans</i> Fat 0g | |
| Cholesterol 35mg | 12% |
| Sodium 250mg | 11% |
| Total Carbohydrate 27g | 10% |
| Dietary Fiber 2g | 6% |
| Total Sugars 6g | |
| Includes 0g Added Sugars | 0% |
| Protein 7g | |
| Vitamin D 8.7mcg | 45% |
| Calcium 40mg | 4% |
| Iron 0,5mg | 4% |
| Potassium 100mg | 2% |
| <small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for general nutrition advice.</small> | |
| <small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small> | |

INGREDIENTS: ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, Malted Barley Flour, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), WATER, PURE CANE SUGAR, NONFAT DRY MILK, SALT, YEAST (YEAST, SORBITAN MONOSTEARATE), NATURAL ALMONDS, ALMOND PASTE (ALMONDS, SUGAR, WATER, POTASSIUM SORBATE [PRESERVATIVE], NATURAL AND ARTIFICIAL FLAVOR), EGGS, UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, Malted Barley Flour, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), UNBLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR, Malted Barley Flour, ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SOYBEAN OIL, DEFATTED SOY FLOUR (CONTAINS SOY LECITHIN), LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), ISOLATED SOY PROTEIN, DEXTROSE, WHEAT STARCH, SALT, NATURAL FLAVOR, CELLULOSE GUM, EMULSIFIER (POLYGLYCEROL ESTERS OF FATTY ACIDS AND MONOGLYCERIDES, RICE STARCH), SPICE, BETA CAROTENE (COLOR), PALM OIL, CORN SYRUP, APRICOT GLAZE, VANILLA EXTRACT, NATURAL ALMOND EMULSION (WATER, NATURAL ALMOND OIL, PROPYLENE GLYCOL, XANTHAN GUM)

Contains: Almonds, Eggs, milk, Nuts, Soy, Wheat

Posh Bakery
Nutrition Label
Cinnamon Roll In A Cup

| Nutrition Facts | |
|--|--------------|
| 1 Roll serving per container | |
| Serving size | 142 g |
| Amount per serving | |
| Calories | 560 |
| % Daily Value * | |
| Total Fat 24g | 31% |
| Saturated Fat 16g | 79% |
| <i>Trans</i> Fat 1g | |
| Cholesterol 70mg | 23% |
| Sodium 460mg | 20% |
| Total Carbohydrate 76g | 28% |
| Dietary Fiber 3g | 9% |
| Total Sugars 31g | |
| Includes 23g Added Sugars | 47% |
| Protein 8g | |
| Vitamin D 51.4mcg | 260% |
| Calcium 90mg | 6% |
| Iron 0.3mg | 2% |
| Potassium 140mg | 4% |
| Vitamin A 770mcg | 90% |
| <small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small> | |
| <small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small> | |

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MILK, BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), PURE CANE SUGAR, YEAST, SALT, POWDERED SUGAR (SUGAR, MALTODEXTRIN), SUGAR, WATER, CINNAMON, CORN SYRUP, EGGS

CONTAINS: EGGS, MILK, WHEAT



Date: 01/20/26
Supersedes: 09/11/24

8806 FRUITRIDGE RD. SACRAMENTO CA 95826

PRODUCT SPECIFICATION

Morning Roll Pastry



| | Standard | Small |
|-------------|-----------------------|--------------------------|
| Item # | PASTRY45 | PASTRY45M |
| Net Weight: | 5.0 oz | 1.75 oz |
| Dimensions: | D: 3 1/2" x H: 2 1/2" | D: 2 1/4- 2 1/2" x H: 2" |
| Topping: | Sugar | |
| Storage: | Room Temp | |

| Nutrition Facts | |
|---|--------------|
| 1 Roll serving per container | |
| Serving size | 142 g (5 oz) |
| Amount per serving | |
| Calories | 510 |
| % Daily Value * | |
| Total Fat 23g | 30% |
| Saturated Fat 15g | 76% |
| Trans Fat 1g | |
| Cholesterol 65mg | 21% |
| Sodium 560mg | 24% |
| Total Carbohydrate 63g | 23% |
| Dietary Fiber 3g | 10% |
| Total Sugars 19g | |
| Includes 13g Added Sugars | 25% |
| Protein 10g | |
| Vitamin D 17.6mcg | 90% |
| Calcium 60mg | 4% |
| Iron 0.4mg | 2% |
| Potassium 110mg | 2% |
| Vitamin A 740mcg | 80% |
| * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. | |
| Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4 | |

| Nutrition Facts | |
|---|---------------|
| 1 Roll serving per container | |
| Serving size | 50 g (1.8 oz) |
| Amount per serving | |
| Calories | 210 |
| % Daily Value * | |
| Total Fat 9g | 12% |
| Saturated Fat 6g | 31% |
| Trans Fat 0g | |
| Cholesterol 25mg | 9% |
| Sodium 230mg | 10% |
| Total Carbohydrate 27g | 10% |
| Dietary Fiber 1g | 5% |
| Total Sugars 8g | |
| Includes 6g Added Sugars | 12% |
| Protein 4g | |
| Vitamin D 7.1mcg | 35% |
| Calcium 30mg | 2% |
| Iron 0.2mg | 2% |
| Potassium 50mg | 2% |
| Vitamin A 300mcg | 35% |
| * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. | |
| Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4 | |

INGREDIENTS: ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), WATER, SUGAR, PURE CANE SUGAR, NONFAT DRY MILK, CINNAMON, SALT, EGGS, YEAST (YEAST, SORBITAN MONOSTEARATE).

CONTAINS: EGGS, MILK, WHEAT

Produced in a facility that also uses: Milk, Eggs, Fish (Lox), Tree Nuts, Wheat, Soybeans and Sesame



Date: 09/11/24
Supersedes: 08/20/15

8806 FRUITRIDGE RD. SACRAMENTO CA 95826

Sticky Bun



| | Standard | Small |
|-------------|-----------------------|---------------|
| Item # | PASTRY44 | PASTRY44M |
| Net Weight: | 5 oz | 1.75 oz |
| Dimensions: | D: 3 1/2" x H: 2 1/2" | approx. 2 3/4 |
| Topping: | Pecans | |
| Storage: | Room Temp | |

Nutritional Information

| Nutrition Facts | |
|---|--------------|
| 1 serving per container | |
| Serving size | 142 g (5 oz) |
| Amount per serving | |
| Calories | 620 |
| % Daily Value * | |
| Total Fat 34g | 44% |
| Saturated Fat 19g | 96% |
| Trans Fat 1g | |
| Cholesterol 80mg | 26% |
| Sodium 610mg | 27% |
| Total Carbohydrate 64g | 23% |
| Dietary Fiber 4g | 13% |
| Total Sugars 13g | |
| Includes 0g Added Sugars | 0% |
| Protein 12g | |
| Vitamin D 21.5mcg | 110% |
| Calcium 70mg | 6% |
| Iron 0.7mg | 4% |
| Potassium 160mg | 4% |
| Vitamin A 900mcg | 100% |
| * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. | |
| Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4 | |

| Nutrition Facts | |
|---|---------------|
| 1 serving per container | |
| Serving size | 50 g (1.8 oz) |
| Amount per serving | |
| Calories | 300 |
| % Daily Value * | |
| Total Fat 16g | 21% |
| Saturated Fat 10g | 48% |
| Trans Fat 0.5g | |
| Cholesterol 40mg | 13% |
| Sodium 290mg | 13% |
| Total Carbohydrate 32g | 12% |
| Dietary Fiber 2g | 5% |
| Total Sugars 8g | |
| Includes 0g Added Sugars | 0% |
| Protein 5g | |
| Vitamin D 10.9mcg | 50% |
| Calcium 30mg | 2% |
| Iron 0.3mg | 2% |
| Potassium 70mg | 2% |
| Vitamin A 450mcg | 50% |
| * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. | |
| Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4 | |

INGREDIENTS: ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), WATER, PURE CANE SUGAR, NONFAT DRY MILK, SALT, YEAST (YEAST, SORBITAN MONOSTEARATE), PECANS, BROWN SUGAR, CINNAMON, CORN SYRUP, EGGS
CONTAINS: EGGS, MILK, PECANS, WHEAT

Produced in a facility that also uses: Milk, Eggs, Fish (Lox), Tree Nuts, Peanuts, Wheat, Soybeans and Sesame

The Posh Bakery

Nutrition Label

Turnover, Apple - Posh

| Nutrition Facts | |
|---|-----------------------------|
| Serving Size 4 oz (113 g/4 oz) | |
| Servings Per Container 1 | |
| Amount Per Serving | |
| Calories 790 | Calories from Fat 450 |
| % Daily Value* | |
| Total Fat 50g | 78% |
| Saturated Fat 34g | 168% |
| <i>Trans</i> Fat 2g | |
| Cholesterol 140mg | 47% |
| Sodium 480mg | 20% |
| Total Carbohydrate 69g | 23% |
| Dietary Fiber 2g | 7% |
| Sugars 18g | |
| Protein 8g | |
| Vitamin A 0% | • Vitamin C 2% |
| Calcium 4% | • Iron 0% |
| * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. | |
| | Calories 2,000 2,500 |
| Total Fat | Less than 65 g 80 g |
| Sat Fat | Less than 20 g 25 g |
| Cholesterol | Less than 300 mg 300 mg |
| Sodium | Less than 2,400 mg 2,400 mg |
| Total Carbohydrate | 300 g 375 g |
| Dietary Fiber | 25 g 30 g |
| Calories per gram: | |
| Fat 9 • Carbohydrate 4 • Protein 4 | |

INGREDIENTS: Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Butter (Pasteurized Cream [Milk], Natural Flavors), Water, Salt, Apple Filling ([Prepared with Sodium Sulfite and Calcium Chloride], High Fructose Corn Syrup, Water, Sugar, Modified Corn Starch, Contains 2% or less of the following: Lemon Juice, Apple Juice Concentrate, Cinnamon, Potassium Sorbate [Preservative], Salt, Citric Acid, Nutmeg), Powder Sugar (Sugar, Maltodextrin), Corn Syrup

CONTAINS: Milk, Wheat

The Posh Bakery

Nutrition Label

Turnover, Cherry - Posh

| Nutrition Facts | |
|---|--------------------------------|
| Serving Size 4 oz (113 g/4 oz) | |
| Servings Per Container 1 | |
| Amount Per Serving | |
| Calories 790 | Calories from Fat 450 |
| % Daily Value* | |
| Total Fat 50g | 78% |
| Saturated Fat 34g | 168% |
| <i>Trans</i> Fat 2g | |
| Cholesterol 140mg | 47% |
| Sodium 490mg | 20% |
| Total Carbohydrate 69g | 23% |
| Dietary Fiber 2g | 7% |
| Sugars 18g | |
| Protein 8g | |
| Vitamin A 2% | • Vitamin C 2% |
| Calcium 4% | • Iron 0% |
| * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. | |
| | Calories 2,000 2,500 |
| Total Fat | Less than 65 g 80 g |
| Sat Fat | Less than 20 g 25 g |
| Cholesterol | Less than 300 mg 300 mg |
| Sodium | Less than 2,400 mg 2,400 mg |
| Total Carbohydrate | 300 g 375 g |
| Dietary Fiber | 25 g 30 g |
| Calories per gram: | |
| Fat 9 • Carbohydrate 4 • Protein 4 | |

INGREDIENTS: Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Butter (Pasteurized Cream [Milk], Natural Flavors), Water, Salt, Filling (Cherries, Water, High Fructose Corn Syrup, Sugar, Modified Corn Starch, Contains 2% or less of the following: Citric Acid, Salt, Potassium Sorbate (preservative), Gellan Gum, F.D.&C Red 40, Natural Flavor. May Contain Cherry Pits), Powder Sugar (Sugar, Maltodextrin), Corn Syrup

CONTAINS: Milk, Wheat

The Posh Bakery

Nutrition Label

Turnover, Raspberry - Posh

| Nutrition Facts | |
|---|--------------------------------|
| Serving Size 4 oz (113 g/4 oz) | |
| Servings Per Container 1 | |
| Amount Per Serving | |
| Calories 790 | Calories from Fat 450 |
| % Daily Value* | |
| Total Fat 50g | 78% |
| Saturated Fat 34g | 168% |
| <i>Trans</i> Fat 2g | |
| Cholesterol 140mg | 47% |
| Sodium 480mg | 20% |
| Total Carbohydrate 70g | 23% |
| Dietary Fiber 2g | 7% |
| Sugars 19g | |
| Protein 8g | |
| Vitamin A 0% | • Vitamin C 0% |
| Calcium 4% | • Iron 0% |
| * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. | |
| | Calories 2,000 2,500 |
| Total Fat | Less than 65 g 80 g |
| Sat Fat | Less than 20 g 25 g |
| Cholesterol | Less than 300 mg 300 mg |
| Sodium | Less than 2,400 mg 2,400 mg |
| Total Carbohydrate | 300 g 375 g |
| Dietary Fiber | 25 g 30 g |
| Calories per gram: | |
| Fat 9 • Carbohydrate 4 • Protein 4 | |

INGREDIENTS: Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Butter (Pasteurized Cream [Milk], Natural Flavors), Water, Salt, Raspberry Filling (Water, High Fructose Corn Syrup, Red Raspberries, Sugar, Modified Corn Starch, Contains 2% or less of the following: Citric Acid, Natural Flavor, Lemon Juice, Potassium Sorbate [preservatives], Salt, F.D.& C. Red No 40), Powder Sugar (Sugar, Maltodextrin), Corn Syrup

CONTAINS: Milk, Wheat