



Date: 12/17/25
Supersedes: 02/18/19

8806 FRUITRIDGE RD. SACRAMENTO CA 95826

PRODUCT SPECIFICATION

Wheat English Muffins, 12 oz

Presentation: 6 english muffins packaged in a clear bag (for food service)



Item #	BREADG292
Net Weight	12 oz (340g)
Units per (pkg)	6 CT
Dimensions:	
Storage:	Ambient Temperature 70-80F
Shelf Life:	8 Days
Vegan:	No contains Honey

Nutrition Facts

6 servings per container
Serving size 1 Muffin (57g)

Amount per serving
Calories 130

% Daily Value*

Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	9%
Total Carbohydrate 25g	9%
Dietary Fiber 3g	11%
Total Sugars 3g	
Includes 3g Added Sugars	6%

Protein 5g

Vitamin D 0mcg	0%
Calcium 36mg	2%
Iron 1.2mg	6%
Potassium 126mg	2%
Thiamin 0.2mg	15%
Riboflavin 0.5mg	40%
Niacin 1mg	6%
Folate 13mcg DFE (0mcg folic acid)	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHOLE WHEAT FLOUR, WATER, YEAST, WHEAT GLUTEN, HONEY, BROWN SUGAR, SOYBEAN OIL, CONTAINS 2 PERCENT OR LESS OF: SALT, WHEAT FLOUR, CORN FLOUR, DOUGH CONDITIONERS (MAY CONTAIN ONE OR MORE OF: CALCIUM SULFATE, WHEAT FLOUR, ENZYMES, ASCORBIC)
CONTAINS: WHEAT.

facility that also uses: Wheat, Milk, Eggs, Treenuts, Fish (Lox), Soybeans and Sesame.



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PRODUCT SPECIFICATION

White Bread English Muffins, 12 oz

Presentation: 6 english muffins packaged in a clear bag (for food service)



Item #	BREADG290
Net Weight	12 oz (340g)
Units per (pkg)	6 CT
Dimensions:	
Storage:	Ambient Temperature 70-80F
Shelf Life:	8 Days

Nutrition Facts

10 servings per container
Serving size 1 Muffin (57g)

Amount per serving
Calories 140

	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Total Carbohydrate 29g	11%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 1g Added Sugars	2%

Protein 5g

Vitamin D 0mcg	0%
Calcium 16mg	2%
Iron 2mg	10%
Potassium 54mg	2%
Thiamin 0.4mg	35%
Riboflavin 0.7mg	50%
Niacin 3mg	20%
Folate 106mcg DFE (66mcg folic acid)	25%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, SUGAR, CONTAINS 2% OR LESS THAN: SALT, WHEAT GLUTEN, CORN FLOUR, SOURDOUGH STARTER (FERMENTED WHEAT FLOUR, FERMENTED RYE FLOUR), DOUGH CONDITIONERS (MAY CONTAIN ONE OR MORE OF: CALCIUM SULFATE, WHEAT FLOUR, ENZYMES, ASCORBIC ACID), SORBIC ACID.
CONTAINS: WHEAT.

facility that also uses: Wheat, Milk, Eggs, Treenuts, Fish (Lox), Soybeans and Sesame.