

Posh Bakery

Nutrition Label Report

Dinner Roll, 7 Grain

Nutrition Facts	
1 Roll serving per container	
Serving size	35 g (1.2 oz)
<hr/>	
Amount per serving	
Calories	100
<hr/>	
% Daily Value *	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 18g	7%
Dietary Fiber 1g	5%
Total Sugars 1g	
Includes <1g Added Sugars	2%
<hr/>	
Protein 4g	
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Vitamin D 7.8mcg	40%
Calcium 30mg	2%
Iron 0.3mg	2%
Potassium 50mg	2%
Vitamin A 0mcg	0%
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* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
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Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, WHOLE WHEAT FLOUR, VITAL WHEAT GLUTEN, BROWN SUGAR, YEAST, PALM OIL, PURE CANE SUGAR, SALT, DOUGH IMPROVER (WHEAT FLOUR, DATEM. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, ASCORBIC ACID, ENZYMES, L-CYSTEINE), DOUGH IMPROVER ([ENRICHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], ENZYMES [CONTAINS WHEAT] AND 2% OR LESS OF EACH OF THE FOLLOWING: ASCORBIC ACID, SOYBEAN OIL), CALCIUM PROPIONATE, HONEY, WHEAT BRAN, SOYBEAN OIL, HARD WHEAT

CONTAINS: SOY, WHEAT

Posh Bakery
Nutrition Label
Dinner Roll, White - Posh

Nutrition Facts

1 Rolls servings per container
Serving size 35 g (1.2 oz)

Amount per serving
Calories 100

	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 19g	7%
Dietary Fiber 1g	2%
Total Sugars 1g	
Includes 0g Added Sugars	0%

Protein 3g

Vitamin D 6.8mcg	35%
Calcium 30mg	2%
Iron 0mg	0%
Potassium 30mg	0%
Vitamin A 10mcg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PURE CANE SUGAR, YEAST, DOUGH CONDITIONER (WHEAT FLOUR, DIACETYL TARTARIC ACID ESTERS OF MONO-GLYCERIDES [DATEM] AND 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, ENZYMES, ASCORBIC ACID, L-CYSTEINE HYDROCHLORIDE, AZODICARBONAMIDE [ADA]), MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, MONO- AND DIGLYCERIDES, COLORED WITH ANNATTO. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, ARTIFICIAL BUTTER FLAVOR, VITAMIN A PALMITATE ADDED), SALT, DOUGH IMPROVER ([ENRICHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], ENZYMES [CONTAINS WHEAT] AND 2% OR LESS OF EACH OF THE FOLLOWING: ASCORBIC ACID, SOYBEAN OIL), CALCIUM PROPIONATE, CORN SYRUP, SOYBEAN OIL
CONTAINS: SOY, WHEAT



Date: 09/11/24
Supersedes: 04/01/20

8806 FRUITRIDGE RD. SACRAMENTO CA 95826

PRODUCT SPECIFICATION

Dinner Roll Hawaiian

Product Description: Individually wrap (available only for White, Wheat and Hawaiian) or packaged in a clear bag of 12ct



Item #:	BREAD241 (Individually Wrapped), BREAD32 (12PK)
Net Weight:	1.25 oz ea (15oz per pkg)
Dimensions:	Approx. 2.5" - 3"
Shelf Life /Storage:	3 days for Individually Wrapped, 17 days in pack of 12ct when stored at room temperature

Nutrition Facts	
1 Rolls serving per container	
Serving size	40 g (1.4 oz)
Amount per serving	
Calories	140
% Daily Value *	
Total Fat 2g	2%
Saturated Fat 0g	0%
<i>Trans Fat</i> 0g	
Cholesterol 10mg	3%
Sodium 110mg	5%
Total Carbohydrate 25g	9%
Dietary Fiber 1g	3%
Total Sugars 6g	
Includes 1g Added Sugars	2%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0.2mg	0%
Potassium 50mg	2%
Vitamin A 0mcg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PURE CANE SUGAR, EGGS, HONEY, SOYBEAN OIL, NON FAT MILK SOLIDS, DOUGH IMPROVER (WHEAT FLOUR, MONOGLYCERIDES, GUAR GUM, CORN SYRUP SOLIDS. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, ENZYMES), YEAST (YEAST, SORBITAN MONOSTEARATE), DOUGH CONDITIONER (WHEAT FLOUR, DIACETYL TARTARIC ACID ESTERS OF MONO-GLYCERIDES [DATEM] AND 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, ENZYMES, ASCORBIC ACID, L-CYSTEINE HYDROCHLORIDE, AZODICARBONAMIDE [ADA]), SALT, CALCIUM PROPIONATE

CONTAINS: EGGS, MILK, SOY, WHEAT

Produced in a facility that also uses: Milk, Eggs, Tree Nuts, Peanuts, Wheat, Fish (Lox), Soybeans and Sesame.

Posh Bakery Nutrition Label Report Dinner Roll, Rosemary

Nutrition Facts	
1 Roll serving per container	
Serving size	35 g (1.2 oz)
Amount per serving	
Calories	100
% Daily Value *	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 90mg	4%
Total Carbohydrate 19g	7%
Dietary Fiber 2g	6%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 0.8mg	4%
Potassium 50mg	2%
Vitamin A 10mcg	2%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

INGREDIENTS: ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PURE CANE SUGAR, DOUGH IMPROVER (WHEAT FLOUR, MONOGLYCERIDES, GUAR GUM, CORN SYRUP SOLIDS. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, ENZYMES), DOUGH IMPROVER (WHEAT FLOUR, DITEM. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, ASCORBIC ACID, ENZYMES, L-CYSTEINE), MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, MONO AND DIGLYCERIDES, COLORED WITH ANNATTO, CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, ARTIFICIAL BUTTER FLAVOR, VITAMIN A PALMITATE ADDED), SALT, YEAST (YEAST, SORBITAN MONOSTEARATE), CALCIUM PROPIONATE, CORN SYRUP, SOYBEAN OIL, DRIED ROSEMARY, OLIVE OIL

CONTAINS: WHEAT

Posh Bakery

Nutrition Label Report

Dinner Roll, Sesame Seeds

Nutrition Facts	
1 Roll serving per container	
Serving size	35 g (1.2 oz)
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Amount per serving	
Calories	100
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% Daily Value *	
Total Fat 2g	3%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes <1g Added Sugars	2%
Protein 4g	
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Vitamin D 8.1mcg	40%
Calcium 30mg	2%
Iron 0.4mg	2%
Potassium 50mg	2%
Vitamin A 0mcg	0%
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* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
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Calories per gram:	
Fat 9	• Carbohydrate 4 • Protein 4

INGREDIENTS: ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, WHOLE WHEAT FLOUR, VITAL WHEAT GLUTEN, BROWN SUGAR, YEAST, PALM OIL, PURE CANE SUGAR, SALT, DOUGH IMPROVER (WHEAT FLOUR, DATEM. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, ASCORBIC ACID, ENZYMES, L-CYSTEINE), DOUGH IMPROVER ([ENRICHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], ENZYMES [CONTAINS WHEAT] AND 2% OR LESS OF EACH OF THE FOLLOWING: ASCORBIC ACID, SOYBEAN OIL), CALCIUM PROPIONATE, HONEY, WHEAT BRAN, SOYBEAN OIL, SESAME SEEDS

CONTAINS: SESAME, SOY, WHEAT



Date: 09/11/24
Supersedes: 04/01/20

8806 FRUITRIDGE RD. SACRAMENTO CA 95826

PRODUCT SPECIFICATION

Dinner Roll Wheat

Product Description: Individually wrap (available only for White, Wheat and Hawaiian) or packaged in a clear bag of 12ct



Item #:	BREAD23 (Individually Wrapped), BREAD302 (12PK)
Net Weight:	1.25 oz ea (15oz per pkg)
Dimensions:	Approx. 2.5" - 3"
Shelf Life /Storage:	3 days for Individually Wrapped, 17 days in pack of 12ct when stored at room temperature

Nutrition Facts	
1 Rolls serving per container	
Serving size	35 g (1.2 oz)
Amount per serving	
Calories	90
% Daily Value *	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 18g	6%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes <1g Added Sugars	2%
Protein 4g	
Vitamin D 8.5mcg	40%
Calcium 30mg	2%
Iron 0.3mg	2%
Potassium 50mg	2%
Vitamin A 0mcg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, WHOLE WHEAT FLOUR, VITAL WHEAT GLUTEN, BROWN SUGAR, YEAST, PALM OIL, PURE CANE SUGAR, SALT, DOUGH IMPROVER (WHEAT FLOUR, DATEM. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, ASCORBIC ACID, ENZYMES, L-CYSTEINE), DOUGH IMPROVER ([ENRICHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], ENZYMES [CONTAINS WHEAT] AND 2% OR LESS OF EACH OF THE FOLLOWING: ASCORBIC ACID, SOYBEAN OIL), CALCIUM PROPIONATE, HONEY, WHEAT BRAN, SOYBEAN OIL.

CONTAINS: SOY, WHEAT

Produced in a facility that also uses: Milk, Eggs, Tree Nuts, Peanuts, Wheat, Fish (Lox), Soybeans and Sesame.



Date: 09/11/24
Supersedes: 04/01/20

8806 FRUITRIDGE RD. SACRAMENTO CA 95826

PRODUCT SPECIFICATION

Dinner Roll White

Product Description: Individually wrap (available only for White, Wheat and Hawaiian) or packaged in a clear bag of 12ct



Item #:	BREAD24 (Individually Wrapped), BREAD303 (12PK)
Net Weight:	1.25 oz ea (15oz per pkg)
Dimensions:	Approx. 2.5" - 3"
Shelf Life /Storage:	3 days for Individually Wrapped, 17 days in pack of 12ct when stored at room temperature

Nutrition Facts	
1 Rolls serving per container	
Serving size	35 g (1.2 oz)
Amount per serving	
Calories	100
	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 18g	7%
Dietary Fiber 1g	2%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0.1mg	0%
Potassium 30mg	0%
Vitamin A 10mcg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PURE CANE SUGAR, DOUGH IMPROVER (WHEAT FLOUR, MONOGLYCERIDES, GUAR GUM, CORN SYRUP SOLIDS. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, ENZYMES), DOUGH IMPROVER (WHEAT FLOUR, DATEM. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, ASCORBIC ACID, ENZYMES, L CYSTEINE), MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, MONO AND DIGLYCERIDES, COLORED WITH ANNATTO, CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, ARTIFICIAL BUTTER FLAVOR, VITAMIN A PALMITATE ADDED), SALT, YEAST (YEAST, SORBITAN MONOSTEARATE), CALCIUM PROPIONATE, CORN SYRUP, SOYBEAN OIL.

CONTAINS: SOY, WHEAT

Produced in a facility that also uses: Milk, Eggs, Tree Nuts, Peanuts, Wheat, Fish (Lox), Soybeans and Sesame.