

Posh Bakery  
Nutrition Label  
Bread, Baguette, 3In Mini - Bread011

**Nutrition Facts**

1 servings per container  
**Serving size** 35 g (1.2 oz)

**Amount per serving**  
**Calories** 120

	% Daily Value *
<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 120mg	<b>5%</b>
<b>Total Carbohydrate</b> 23g	<b>8%</b>
Dietary Fiber 1g	<b>3%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>

**Protein** 3g

Vitamin D 8.2mcg	40%
Calcium 40mg	2%
Iron 0mg	0%
Potassium 30mg	0%
Vitamin A 10mcg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PURE CANE SUGAR, YEAST, DOUGH CONDITIONER (WHEAT FLOUR, DIACETYL TARTARIC ACID ESTERS OF MONO-GLYCERIDES [DATEM] AND 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, ENZYMES, ASCORBIC ACID, L-CYSTEINE HYDROCHLORIDE, AZODICARBONAMIDE [ADA]), MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, MONO- AND DIGLYCERIDES, COLORED WITH ANNATTO. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, ARTIFICIAL BUTTER FLAVOR, VITAMIN A PALMITATE ADDED), SALT, DOUGH IMPROVER ([ENRICHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], ENZYMES [CONTAINS WHEAT] AND 2% OR LESS OF EACH OF THE FOLLOWING: ASCORBIC ACID, SOYBEAN OIL), CALCIUM PROPIONATE, CORN SYRUP, SOYBEAN OIL  
CONTAINS: SOY, WHEAT

Posh Bakery  
Nutrition Label  
Bread, Baguette, White Sunrise, Bread012

**Nutrition Facts**

4 servings per container  
**Serving size** 106 g (3.7 oz)

**Amount per serving**  
**Calories** 330

	% Daily Value *
<b>Total Fat</b> 5g	<b>7%</b>
Saturated Fat 1g	<b>5%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 65mg	<b>3%</b>
<b>Total Carbohydrate</b> 59g	<b>22%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 8g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 10g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.4mg	2%
Potassium 90mg	2%
Vitamin A 0mcg	0%

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Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, SALT, ENRICHED WHEAT FLOUR (WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), DEXTROSE, VEGETABLE SHORTENING (PALM OIL), CALCIUM SULFATE, YEAST, CANOLA OIL, ASCORBIC ACID, ENZYMES, PURE CANE SUGAR, SOYBEAN OIL, YEAST, DOUGH CONDITIONER (WHEAT FLOUR, DIACETYL TARTARIC ACID ESTERS OF MONO-GLYCERIDES [DATEM] AND 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, ENZYMES, ASCORBIC ACID, L-CYSTEINE HYDROCHLORIDE, AZODICARBONAMIDE [ADA]), ENZYMES (ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SALT AND 2% OR LESS OF EACH OF THE FOLLOWING: ENZYMES [CONTAINS WHEAT])

CONTAINS: SOY, WHEAT

**Posh Bakery**  
**Nutrition Label**  
 Bread, Baguette, Sourdough Sunrise 22Oz Bread014

**Nutrition Facts**

4 servings per container  
**Serving size 156 g (5.5 oz)**

Amount per serving  
**Calories 380**

	% Daily Value *
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 830mg	<b>36%</b>
<b>Total Carbohydrate</b> 74g	<b>27%</b>
Dietary Fiber 3g	<b>10%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>

**Protein** 14g

Vitamin D 64.7mcg	320%
Calcium 80mg	6%
Iron 0.4mg	2%
Potassium 130mg	2%
Vitamin A 0mcg	0%

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Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, BASE (WHEAT FLOUR, SALT, CORN STARCH, FUMARIC ACID, ACETIC ACID, LACTIC ACID AND 2% OR LESS OF EACH OF THE FOLLOWING: HYDROGENATED SOYBEAN OIL, DIACETYL TARTARIC ACID ESTERS OF MONO-DYGLYCERIDES [DATEM], ENZYMES [CONTAINS WHEAT], ASCORBIC ACID [VIATMIN C], AZODICARBONAMIDE [ADA], L-CYSTEINE HYDROCHOLORIDE), YEAST, CALCIUM PROPIONATE

**CONTAINS: WHEAT**