

# Posh Bakery Nutrition Label Dessert, Canoli

<b>Nutrition Facts</b>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
1 serving per container	<b>Total Fat</b> 11g	<b>14%</b>	<b>Total Carbohydrate</b> 12g	<b>4%</b>	
<b>Serving size</b> <b>45 g (1.6 oz)</b>	Saturated Fat 8g	<b>42%</b>	Dietary Fiber 0g	<b>0%</b>	
<b>Calories 160</b> <b>per serving</b>	<i>Trans</i> Fat 0g		Total Sugars 6g		
	<b>Cholesterol</b> 20mg	<b>7%</b>	Includes 0g Added Sugars	<b>0%</b>	
	<b>Sodium</b> 85mg	<b>4%</b>	<b>Protein</b> 2g		
	Vitamin D 4.9mcg 25% • Calcium 10mg 0% • Iron 0.4mg 2% Potassium 20mg 0% • Vitamin A 280mcg 30%				

INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), WATER, SALT, WHIP CREAM (WATER, PARTIALLY HYDROGENATED PALM KERNELS OIL, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SUGAR, CONTAINS LESS THAN 2% OF THE FOLLOWING: \*SODIUM CASEINATE (A MILK DERIVATIVE), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, SALT, SOY LECITHIN, MONO AND DIGLYCERIDES, CARRAGEENAN, COLORED WITH BETA CAROTENE), CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), STRAWBERRIES, PURE CANE SUGAR, POWDERED SUGAR (SUGAR, CORNSTARCH)

CONTAINS: MILK, SOY, WHEAT

# Posh Bakery Nutrition Label Dessert, Cream Puff, Posh

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;"><b>Serving size</b> <b>40 g (1.4 oz)</b></p> <hr/> <p style="margin: 0;"><b>Calories 110</b> <b>per serving</b></p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 6g	8%	Total Carbohydrate 12g	4%	
Saturated Fat 4g	21%	Dietary Fiber 0g	0%		
<i>Trans</i> Fat 0g		Total Sugars 7g			
Cholesterol 40mg	14%	Includes 0g Added Sugars	0%		
Sodium 95mg	4%	Protein 2g			
Vitamin D 4.3mcg 20% • Calcium 10mg 0% • Iron 0.3mg 2%					
Potassium 20mg 0% • Vitamin A 110mcg 15%					

INGREDIENTS: EGGS, ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MILK, BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), PURE CANE SUGAR, SALT, BAVARIAN CREME (WATER, HIGH FRUCTOSE CORN SYRUP, FOOD STARCH-MODIFIED. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: VEGETABLE SHORTENING [PALM OIL, MONO AND DIGLYCERIDES, POLYSORBATE 60], SOYBEAN OIL, SALT, PRESERVATIVES [POTASSIUM SORBATE, SODIUM BENZOATE], NATURAL AND ARTIFICIAL FLAVORS, PHOSPHORIC ACID, TITANIUM DIOXIDE (COLOR), YELLOW 5, YELLOW 6. [R12558]), WHIP CREAM (WATER, PARTIALLY HYDROGENATED PALM KERNELS OIL, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SUGAR, CONTAINS LESS THAN 2% OF THE FOLLOWING: \*SODIUM CASEINATE (A MILK DERIVATIVE), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, SALT, SOY LECITHIN, MONO AND DIGLYCERIDES, CARRAGEENAN, COLORED WITH BETA CAROTENE), POWDERED SUGAR (SUGAR, CORNSTARCH)

CONTAINS: EGGS, MILK, SOY, WHEAT

# Posh Bakery Nutrition Label Dessert, Mousse, Mango 2.5"

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;"><b>Serving size</b> 142 g (5 oz)</p> <hr/> <p style="margin: 0;"><b>Calories 470</b> per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 24g	30%	Total Carbohydrate 56g	20%	
	Saturated Fat 16g	79%	Dietary Fiber 1g	4%	
	<i>Trans</i> Fat 1.5g		Total Sugars 40g		
Cholesterol 5mg	1%	Includes 0g Added Sugars	0%		
Sodium 410mg	18%	Protein 5g			
Vitamin D 0mcg 0% • Calcium 60mg 4% • Iron 1.3mg 8%		Potassium 0mg 0% • Vitamin A 70mcg 8%			

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL AND SOYBEAN OIL, PROPYLENE GLYCOL MONOESTERS, MONO-AND DIGLYCERIDES, AND SOY LECITHIN), EGG WHITES, NONFAT MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT STARCH, FOOD STARCH - MODIFIED, SODIUM BICARBONATE, SALT, DEXTROSE, SODIUM ALUMINUM PHOSPHATE, ACIDIC WITH ALUMINUM SULFATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM ACID PYROPHOSPHATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WITH BHT AND CITRIC ACID TO HELP PROTECT FLAVOR), XANTHAN GUM, GUAR GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, SOY LECITHIN, WATER, CANOLA OIL, WHIP CREAM (WATER, PARTIALLY HYDROGENATED PALM KERNELS OIL, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SUGAR, CONTAINS LESS THAN 2% OF THE FOLLOWING: \*SODIUM CASEINATE (A MILK DERIVATIVE), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, SALT, SOY LECITHIN, MONO AND DIGLYCERIDES, CARRAGEENAN, COLORED WITH BETA CAROTENE), NATURAL MANGO FLAVOR (SUCROSE, DEXTROSE, FRUCTOSE, MANGO, NATURAL FLAVOR, SOY LECITHIN), CHOCOLATE (SUGAR, PALM KERNEL AND PALM OILS (PROCESSED WITH POTASSIUM CARBONATE), NONFAT DRY MILK, SORBITAN MONOSTEARATE AND SOYA LECITHIN EMULSIFIERS, PURE VANILLA), GLAZE (GLUCOSE, WATER, PECTIN, CITRIC ACID, SODIUM CITRATE, POTASSIUM SORBATE (PRESERVATIVE))

CONTAINS: EGGS, MILK, SOY, WHEAT

# Posh Bakery Nutrition Label Dessert, Mousse, Strawberry 2.5"

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;"><b>Serving size</b> 142 g (5 oz)</p> <hr/> <p style="margin: 0;"><b>Calories 410</b> per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 24g	30%	Total Carbohydrate 43g	16%	
	Saturated Fat 17g	85%	Dietary Fiber 1g	4%	
	<i>Trans</i> Fat 1.5g		Total Sugars 30g		
	Cholesterol 5mg	1%	Includes 0g Added Sugars 0%		
	Sodium 340mg	15%	<b>Protein 4g</b>		
<p>Vitamin D 0mcg 0% • Calcium 50mg 4% • Iron 1.1mg 6% Potassium 30mg 0% • Vitamin A 80mcg 10%</p>					

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL AND SOYBEAN OIL, PROPYLENE GLYCOL MONOESTERS, MONO-AND DIGLYCERIDES, AND SOY LECITHIN), EGG WHITES, NONFAT MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT STARCH, FOOD STARCH - MODIFIED, SODIUM BICARBONATE, SALT, DEXTROSE, SODIUM ALUMINUM PHOSPHATE, ACIDIC WITH ALUMINUM SULFATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM ACID PYROPHOSPHATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WITH BHT AND CITRIC ACID TO HELP PROTECT FLAVOR), XANTHAN GUM, GUAR GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, SOY LECITHIN, WATER, CANOLA OIL, WHIP CREAM (WATER, PARTIALLY HYDROGENATED PALM KERNELS OIL, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SUGAR, CONTAINS LESS THAN 2% OF THE FOLLOWING: \*SODIUM CASEINATE (A MILK DERIVATIVE), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, SALT, SOY LECITHIN, MONO AND DIGLYCERIDES, CARRAGEENAN, COLORED WITH BETA CAROTENE), STRAWBERRIES, CHOCOLATE (SUGAR, PALM KERNEL AND PALM OILS (PROCESSED WITH POTASSIUM CARBONATE), NONFAT DRY MILK, SORBITAN MONOSTEARATE AND SOYA LECITHIN EMULSIFIERS, PURE VANILLA), GLAZE (GLUCOSE, WATER, PECTIN, CITRIC ACID, SODIUM CITRATE, POTASSIUM SORBATE (PRESERVATIVE))

CONTAINS: EGGS, MILK, SOY, WHEAT

# Posh Bakery Nutrition Label Dessert, Eclair

## Nutrition Facts

1 serving per container

**Serving size**  
**34 g (1.2 oz)**

**Calories 110**  
**per serving**

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
<b>Total Fat</b> 7g	<b>9%</b>	<b>Total Carbohydrate</b> 11g	<b>4%</b>
Saturated Fat 4.5g	<b>23%</b>	Dietary Fiber 0g	<b>0%</b>
<i>Trans</i> Fat 0g		Total Sugars 7g	
<b>Cholesterol</b> 40mg	<b>13%</b>	Includes 0g Added Sugars	<b>0%</b>
<b>Sodium</b> 70mg	<b>3%</b>	<b>Protein</b> 2g	
Vitamin D 4.1mcg 20% • Calcium 10mg 0% • Iron 0.6mg 4% Potassium 20mg 0% • Vitamin A 120mcg 15%			

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: EGGS, ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MILK, BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), PURE CANE SUGAR, SALT, BAVARIAN CREME (WATER, HIGH FRUCTOSE CORN SYRUP, FOOD STARCH-MODIFIED. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: VEGETABLE SHORTENING [PALM OIL, MONO AND DIGLYCERIDES, POLYSORBATE 60], SOYBEAN OIL, SALT, PRESERVATIVES [POTASSIUM SORBATE, SODIUM BENZOATE], NATURAL AND ARTIFICIAL FLAVORS, PHOSPHORIC ACID, TITANIUM DIOXIDE (COLOR), YELLOW 5, YELLOW 6. [R12558]), WHIP CREAM (WATER, PARTIALLY HYDROGENATED PALM KERNELS OIL, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SUGAR, CONTAINS LESS THAN 2% OF THE FOLLOWING: \*SODIUM CASEINATE (A MILK DERIVATIVE), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, SALT, SOY LECITHIN, MONO AND DIGLYCERIDES, CARRAGEENAN, COLORED WITH BETA CAROTENE), HEAVY CREAM (MILK), UNSWEETENED CHOCOLATE, WHITE CHOCOLATE (SUGAR, PALM KERNEL AND PALM OILS, WHEY, NONFAT MILK, SOYA LECITHIN, ARTIFICIAL COLOR (TITANIUM DIOXIDE), NATURAL FLAVOR AND PURE VANILLA)

CONTAINS: EGGS, MILK, SOY, WHEAT

# Posh Bakery Nutrition Label

## Dessert, Strawberry Chocolate Dipped, Drizzle Design

<p><b>Nutrition Facts</b></p> <p>1 Strawberry servings per container</p> <p><b>Serving size</b> 37 g (1.3 oz)</p> <hr/> <p><b>Calories</b>     <b>90</b> <b>per serving</b></p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 5g	7%	Total Carbohydrate 11g	4%	
	Saturated Fat 4.5g	23%	Dietary Fiber 1g	4%	
	<i>Trans</i> Fat 0g		Total Sugars 9g		
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	
	Sodium 0mg	0%	<b>Protein</b> 1g		
	Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.8mg 4% Potassium 30mg 0% • Vitamin A 0mcg 0%				

INGREDIENTS: STRAWBERRIES, CHOCOLATE (SUGAR, PALM KERNEL AND PALM OILS (PROCESSED WITH POTASSIUM CARBONATE), NONFAT DRY MILK, SORBITAN MONOSTERATE AND SOYA LECITHIN EMULSIFIERS, PURE VANILLA), WHITE CHOCOLATE (SUGAR, PALM KERNEL AND PALM OILS, WHEY, NONFAT MILK, SOYA LECITHIN, ARTIFICIAL COLOR (TITANIUM DIOXIDE), NATURAL FLAVOR AND PURE VANILLA)

CONTAINS: MILK, SOY

# Posh Bakery Nutrition Label

## Dessert, Strawberry White Chocolate Dipped, Drizzle Design

<b>Nutrition Facts</b>	<b>Amount per serving</b>	<b>% Daily Value *</b>	<b>Amount per serving</b>	<b>% Daily Value *</b>	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
	<b>Total Fat</b> 5g	<b>7%</b>	<b>Total Carbohydrate</b> 11g	<b>4%</b>	
1 Strawberry servings per container <b>Serving size</b> <b>37 g (1.3 oz)</b>	Saturated Fat 5g	<b>24%</b>	Dietary Fiber 0g	<b>0%</b>	
	<i>Trans</i> Fat 0g		Total Sugars 11g		
<b>Calories</b> <b>90</b> <b>per serving</b>	<b>Cholesterol</b> 0mg	<b>0%</b>	Includes 0g Added Sugars	<b>0%</b>	
	<b>Sodium</b> 15mg	<b>1%</b>	<b>Protein</b> 1g		
Vitamin D 0mcg 0% • Calcium 20mg 2% • Iron 0.1mg 0% Potassium 30mg 0% • Vitamin A 0mcg 0%					

INGREDIENTS: STRAWBERRIES, WHITE CHOCOLATE (SUGAR, PALM KERNEL AND PALM OILS, WHEY, NONFAT MILK, SOYA LECITHIN, ARTIFICIAL COLOR (TITANIUM DIOXIDE), NATURAL FLAVOR AND PURE VANILLA), CHOCOLATE (SUGAR, PALM KERNEL AND PALM OILS (PROCESSED WITH POTASSIUM CARBONATE), NONFAT DRY MILK, SORBITAN MONOSTERATE AND SOYA LECITHIN EMULSIFIERS, PURE VANILLA)

CONTAINS: MILK, SOY

# Posh Bakery Nutrition Label Whoopie Pie, Carrot, New

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;"><b>Serving size</b> <b>71 g (2.5 oz)</b></p> <hr/> <p style="margin: 0;"><b>Calories 290</b> <b>per serving</b></p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 18g	23%	Total Carbohydrate 29g	10%	
	Saturated Fat 7g	34%	Dietary Fiber 1g	4%	
	<i>Trans</i> Fat 0g		Total Sugars 20g		
	Cholesterol 65mg	22%	Includes 0g Added Sugars	0%	
	Sodium 240mg	11%	<b>Protein 3g</b>		
	Vitamin D 3.4mcg 15% • Calcium 40mg 2% • Iron 0.8mg 4% Potassium 90mg 2% • Vitamin A 320mcg 35%				

INGREDIENTS: CARROT CAKE BASE (SUGAR, ENRICHED WHEAT FLOUR (NIACIN, IRON, THIAMINE, MONONITRATE, RIBOFLAVIN AND FOLIC ACID), COCONUT, CANOLA OIL, LEAVENING (SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, CORN STARCH, MONOCALCIUM PHOSPHATE), SALT, ALLSPICE AND CINNAMON, EGGS, CARROTS, CANOLA OIL, RAISINS, WALNUTS, CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), POWDERED SUGAR (SUGAR, CORNSTARCH), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS)

CONTAINS: EGGS, MILK, NUTS (WALNUTS), WHEAT

# Posh Bakery Nutrition Label

## Whoopie Pie, Chocolate, New Style

<h3 style="margin: 0;">Nutrition Facts</h3> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;"><b>Serving size</b> <b>71 g (2.5 oz)</b></p> <hr/> <p style="margin: 0;"><b>Calories 250</b> <b>per serving</b></p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 13g	16%	Total Carbohydrate 30g	11%	
	Saturated Fat 6g	32%	Dietary Fiber 1g	2%	
	<i>Trans</i> Fat 0g		Total Sugars 20g		
	Cholesterol 45mg	15%	Includes 0g Added Sugars	0%	
	Sodium 410mg	18%	Protein 3g		
	Vitamin D 3.6mcg 20% • Calcium 30mg 2% • Iron 1.2mg 6% Potassium 120mg 2% • Vitamin A 250mcg 30%				

INGREDIENTS: SUGAR, BLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (SOYBEAN OIL, VEGETABLE MONO AND DIGLYCERIDES, PROPYLENE GLYCOL ESTER, SOY LECITHIN, TOCOPHEROLS [VITAMIN E], VITAMIN C PALMITATE [AS ANTIOXIDANTS]) COCOA (PROCESSED WITH ALKALI), DRIED EGG YOLKS, NONFAT DRY MILK, DRIED EGG WHITES, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE). CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: FOOD STARCH MODIFIED, SALT, ARTIFICIAL FLAVOR, XANTHAN GUM, POLYSORBATE, CARAMEL COLOR, RED 40 (R12593), WATER, CANOLA OIL, CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), POWDERED SUGAR (SUGAR, CORNSTARCH), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS)

CONTAINS: EGGS, MILK, SOY, WHEAT

# Posh Bakery Nutrition Label Whoopie Pie, Red Velvet, New Style

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;"><b>Serving size</b> 71 g (2.5 oz)</p> <hr/> <p style="margin: 0;"><b>Calories 290</b> per serving</p>	<p style="margin: 0; font-size: small;">Amount per serving</p> <hr/> <p style="margin: 0;">Total Fat 19g <span style="float: right;">24%</span></p> <hr/> <p style="margin: 0;">Saturated Fat 11g <span style="float: right;">56%</span></p> <hr/> <p style="margin: 0;"><i>Trans</i> Fat 0.5g</p> <hr/> <p style="margin: 0;">Cholesterol 45mg <span style="float: right;">16%</span></p> <hr/> <p style="margin: 0;">Sodium 190mg <span style="float: right;">8%</span></p> <hr/> <p style="margin: 0; font-size: x-small;">Vitamin D 7.6mcg 40% • Calcium 30mg 2% • Iron 0.3mg 2% Potassium 80mg 2% • Vitamin A 540mcg 60%</p>	<p style="margin: 0; font-size: small;">Amount per serving</p> <hr/> <p style="margin: 0;">Total Carbohydrate 26g <span style="float: right;">9%</span></p> <hr/> <p style="margin: 0;">Dietary Fiber 0g <span style="float: right;">0%</span></p> <hr/> <p style="margin: 0;">Total Sugars 21g</p> <hr/> <p style="margin: 0;">Includes 0g Added Sugars <span style="float: right;">0%</span></p> <hr/> <p style="margin: 0;">Protein 2g</p> <hr/>	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	<p>INGREDIENTS: CAKE MIX (SUGAR, BLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR, ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING [SOYBEAN OIL, VEGETABLE MONO AND DIGLYCERIDES, PROPYLENE GLYCOL ESTER, SOY LECITHIN, TOCOPHEROLS (VITAMIN E), VITAMIN C PALMITATE (AS ANTIOXIDANTS)], DRIED EGG WHITES, COCOA (PROCESSED WITH ALKALI), DEXTROSE, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), DRIED EGG YOLKS, FOOD STARCH - MODIFIED, EMULSIFIERS (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, MONO AND DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, POLYSORBATE 60), NONFAT DRY MILK, DRIED WHEY (MILK), SALT, NATURAL AND ARTIFICIAL FLAVORS (MILK), CELLULOSE, XANTHAN GUM, LOCUST BEAN GUM, GUAR GUM, RED 40, CARAMEL COLOR [CONTAINS SULFITES]), WATER, CANOLA OIL, CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), POWDERED SUGAR (SUGAR, CORNSTARCH), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), GREEN COLOR (WATER, HIGH FRUCTOSE CORN SYRUP, GLYCERINE, FD&amp;C YELLOW 5 [E102], SUGAR MODIFIED FOOD STARCH, FD&amp;C BLUE1 [E133], CARRAGEENAN, POTASSIUM SORBATE AND SODIUM BENZOATE (AS PRESERVATIVES), CITRIC ACID, XANTHAN GUM), RED COLOR (WATER, HIGH FRUCTOSE CORN SYREUP, GLYCERINE, FD&amp;C RED 40 (E129), SUGAR, MODIFIED FOOD STARCH, FD&amp;C RED 3 (E127), CARRAGEENAN GUM, POTASSIUM SORBATE AND SODIUM BENZOATE (PRESERVATIVES), XANTHAN GUM, CITRIC ACID)</p> <p>CONTAINS: EGGS, MILK, SOY, WHEAT</p>		

# Posh Bakery Nutrition Label Whoopie Pie, White, New Style

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;"><b>Serving size</b> <b>71 g (2.5 oz)</b></p> <hr/> <p style="margin: 0;"><b>Calories 260</b> <b>per serving</b></p>	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="border-bottom: 1px solid black;">Amount per serving</th> <th style="border-bottom: 1px solid black;">% Daily Value *</th> </tr> </thead> <tbody> <tr> <td><b>Total Fat</b> 13g</td> <td style="text-align: right;"><b>17%</b></td> </tr> <tr> <td style="padding-left: 20px;">Saturated Fat 6g</td> <td style="text-align: right;"><b>31%</b></td> </tr> <tr> <td style="padding-left: 20px;"><i>Trans</i> Fat 1g</td> <td></td> </tr> <tr> <td><b>Cholesterol</b> 20mg</td> <td style="text-align: right;"><b>7%</b></td> </tr> <tr> <td><b>Sodium</b> 280mg</td> <td style="text-align: right;"><b>12%</b></td> </tr> </tbody> </table>	Amount per serving	% Daily Value *	<b>Total Fat</b> 13g	<b>17%</b>	Saturated Fat 6g	<b>31%</b>	<i>Trans</i> Fat 1g		<b>Cholesterol</b> 20mg	<b>7%</b>	<b>Sodium</b> 280mg	<b>12%</b>	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="border-bottom: 1px solid black;">Amount per serving</th> <th style="border-bottom: 1px solid black;">% Daily Value *</th> </tr> </thead> <tbody> <tr> <td><b>Total Carbohydrate</b> 31g</td> <td style="text-align: right;"><b>11%</b></td> </tr> <tr> <td style="padding-left: 20px;">Dietary Fiber 0g</td> <td style="text-align: right;"><b>0%</b></td> </tr> <tr> <td style="padding-left: 20px;">Total Sugars 21g</td> <td></td> </tr> <tr> <td style="padding-left: 40px;">Includes 0g Added Sugars</td> <td style="text-align: right;"><b>0%</b></td> </tr> <tr> <td><b>Protein</b> 3g</td> <td></td> </tr> </tbody> </table>	Amount per serving	% Daily Value *	<b>Total Carbohydrate</b> 31g	<b>11%</b>	Dietary Fiber 0g	<b>0%</b>	Total Sugars 21g		Includes 0g Added Sugars	<b>0%</b>	<b>Protein</b> 3g		<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
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	<p>Vitamin D 3.6mcg 20% • Calcium 50mg 4% • Iron 0.6mg 4% Potassium 10mg 0% • Vitamin A 250mcg 30%</p>																										

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL AND SOYBEAN OIL, PROPYLENE GLYCOL MONOESTERS, MONO-AND DIGLYCERIDES, AND SOY LECITHIN), EGG WHITES, NONFAT MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT STARCH, FOOD STARCH - MODIFIED, SODIUM BICARBONATE, SALT, DEXTROSE, SODIUM ALUMINUM PHOSPHATE, ACIDIC WITH ALUMINUM SULFATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM ACID PYROPHOSPHATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WITH BHT AND CITRIC ACID TO HELP PROTECT FLAVOR), XANTHAN GUM, GUAR GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, SOY LECITHIN, WATER, CANOLA OIL, CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), POWDERED SUGAR (SUGAR, CORNSTARCH), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS)

CONTAINS: EGGS, MILK, SOY, WHEAT