

Posh Bakery
Nutrition Label
Scone, Apple, 2.5 Oz

Nutrition Facts	
1 serving per container	
Serving size	71 g (2.5 oz)
Amount per serving	
Calories	310
% Daily Value *	
Total Fat 13g	16%
Saturated Fat 8g	39%
<i>Trans</i> Fat 0g	
Cholesterol 70mg	23%
Sodium 170mg	7%
Total Carbohydrate 42g	15%
Dietary Fiber 1g	4%
Total Sugars 15g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 8mcg	40%
Calcium 40mg	4%
Iron 0.3mg	2%
Potassium 110mg	2%
Vitamin A 340mcg	40%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), PURE CANE SUGAR, EGGS, APPLES, RAW, WITHOUT SKIN, HEAVY CREAM (MILK), BUTTERMILK, SUGARED LEMON (LEMON PEEL, SUGAR, LEMON OIL), BAKING POWDER, VANILLA EXTRACT, SALT, BAKING SODA, SPICES

CONTAINS: EGGS, MILK, WHEAT

Posh Bakery
Nutrition Label
Scone, Apple, 4.5 Oz

Nutrition Facts	
1 serving per container	
Serving size	128 g (4.5 oz)
Amount per serving	
Calories	550
% Daily Value *	
Total Fat 22g	28%
Saturated Fat 14g	69%
<i>Trans</i> Fat 1g	
Cholesterol 125mg	41%
Sodium 290mg	13%
Total Carbohydrate 74g	27%
Dietary Fiber 2g	6%
Total Sugars 26g	
Includes 0g Added Sugars	0%
Protein 10g	
Vitamin D 14mcg	70%
Calcium 80mg	6%
Iron 0.6mg	4%
Potassium 190mg	4%
Vitamin A 600mcg	70%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), PURE CANE SUGAR, EGGS, APPLES, RAW, WITHOUT SKIN, HEAVY CREAM (MILK), BUTTERMILK, SUGARED LEMON (LEMON PEEL, SUGAR, LEMON OIL), BAKING POWDER, VANILLA EXTRACT, SALT, BAKING SODA, SPICES

CONTAINS: EGGS, MILK, WHEAT

Posh Bakery Nutrition Label Scone, Blueberry 2.5 Oz

Nutrition Facts	
1 serving per container	
Serving size	71 g (2.5 oz)
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Amount per serving	
Calories	340
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	% Daily Value *
Total Fat 13g	16%
Saturated Fat 8g	39%
<i>Trans</i> Fat 0g	
Cholesterol 70mg	23%
Sodium 170mg	7%
Total Carbohydrate 48g	18%
Dietary Fiber 2g	6%
Total Sugars 20g	
Includes 0g Added Sugars	0%
Protein 6g	
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Vitamin D 8mcg	40%
Calcium 50mg	4%
Iron 0.4mg	2%
Potassium 120mg	2%
Vitamin A 340mcg	40%
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* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), PURE CANE SUGAR, EGGS, DRIED BLUEBERRIES, HEAVY CREAM (MILK), BUTTERMILK, SUGARED LEMON (LEMON PEEL, SUGAR, LEMON OIL), BAKING POWDER, VANILLA EXTRACT, SALT, BAKING SODA, SPICES

CONTAINS: EGGS, MILK, WHEAT

Posh Bakery
Nutrition Label
Scone, Blueberry 4.5 Oz

Nutrition Facts	
1 serving per container	
Serving size	128 g (4.5 oz)
Amount per serving	
Calories	590
% Daily Value *	
Total Fat 22g	29%
Saturated Fat 14g	69%
<i>Trans</i> Fat 1g	
Cholesterol 125mg	41%
Sodium 290mg	13%
Total Carbohydrate 84g	31%
Dietary Fiber 3g	10%
Total Sugars 35g	
Includes 0g Added Sugars	0%
Protein 10g	
Vitamin D 14mcg	70%
Calcium 80mg	6%
Iron 0.7mg	4%
Potassium 200mg	4%
Vitamin A 600mcg	70%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), PURE CANE SUGAR, EGGS, DRIED BLUEBERRIES, HEAVY CREAM (MILK), BUTTERMILK, SUGARED LEMON (LEMON PEEL, SUGAR, LEMON OIL), BAKING POWDER, VANILLA EXTRACT, SALT, BAKING SODA, SPICES

CONTAINS: EGGS, MILK, WHEAT

Posh Bakery Nutrition Label Scone, Cranberry 2.5 Oz

Nutrition Facts	
1 serving per container	
Serving size	71 g (2.5 oz)
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Amount per serving	
Calories	340
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	% Daily Value *
Total Fat 13g	16%
Saturated Fat 8g	39%
<i>Trans</i> Fat 0g	
Cholesterol 70mg	23%
Sodium 170mg	7%
Total Carbohydrate 48g	18%
Dietary Fiber 1g	5%
Total Sugars 20g	
Includes 0g Added Sugars	0%
Protein 6g	
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Vitamin D 8mcg	40%
Calcium 40mg	4%
Iron 0.4mg	2%
Potassium 100mg	2%
Vitamin A 340mcg	40%
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* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), PURE CANE SUGAR, EGGS, DRIED CRANBERRIES (CRANBERRIES, SUGAR, SUNFLOWER OIL), HEAVY CREAM (MILK), BUTTERMILK, SUGARED LEMON (LEMON PEEL, SUGAR, LEMON OIL), BAKING POWDER, VANILLA EXTRACT, SALT, BAKING SODA, SPICES

CONTAINS: EGGS, MILK, WHEAT

Posh Bakery Nutrition Label Scone, Cranberry 4.5 Oz

Nutrition Facts	
1 serving per container	
Serving size	128 g (4.5 oz)
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Amount per serving	
Calories	590
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	% Daily Value *
Total Fat 22g	29%
Saturated Fat 14g	69%
<i>Trans</i> Fat 1g	
Cholesterol 125mg	41%
Sodium 290mg	13%
Total Carbohydrate 85g	31%
Dietary Fiber 2g	9%
Total Sugars 35g	
Includes 0g Added Sugars	0%
Protein 10g	
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Vitamin D 14mcg	70%
Calcium 80mg	6%
Iron 0.7mg	4%
Potassium 180mg	4%
Vitamin A 600mcg	70%
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* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), PURE CANE SUGAR, EGGS, DRIED CRANBERRIES (CRANBERRIES, SUGAR, SUNFLOWER OIL), HEAVY CREAM (MILK), BUTTERMILK, SUGARED LEMON (LEMON PEEL, SUGAR, LEMON OIL), BAKING POWDER, VANILLA EXTRACT, SALT, BAKING SODA, SPICES

CONTAINS: EGGS, MILK, WHEAT

Posh Bakery
Nutrition Label
Scone, Maple Oatmeal Raisin 2.5 Oz

Nutrition Facts	
1 serving per container	
Serving size	71 oz (2013g/71 oz)
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Amount per serving	
Calories	8910
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	% Daily Value *
Total Fat 410g	526%
Saturated Fat 261g	1306%
<i>Trans</i> Fat 16g	
Cholesterol 1075mg	358%
Sodium 4980mg	216%
Total Carbohydrate 1119g	407%
Dietary Fiber 56g	200%
Total Sugars 371g	
Includes 0g Added Sugars	0%
Protein 147g	
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Vitamin D 297.3mcg	1490%
Calcium 1600mg	120%
Iron 22.6mg	130%
Potassium 5450mg	120%
Vitamin A 12430mcg	1380%
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* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), OATS, PURE CANE SUGAR, BUTTERMILK, RAISINS, SUGARED ORANGE (ORANGE PEEL, SUGAR, ORANGE OIL), BAKING POWDER, MAPLE EXTRACT (ALCOHOL, SUGAR, MAPLE SYRUP, CARAMEL COLOR, WATER), BAKING SODA, SPICES, CARAMEL COLOR, SALT

CONTAINS: MILK, WHEAT

Posh Bakery
Nutrition Label
Scone, Maple Oatmeal Raisin 4.5 Oz

Nutrition Facts	
1 serving per container	
Serving size	128 g (4.5 oz)
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Amount per serving	
Calories	630
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	% Daily Value *
Total Fat 29g	37%
Saturated Fat 18g	92%
<i>Trans</i> Fat 1g	
Cholesterol 75mg	25%
Sodium 350mg	15%
Total Carbohydrate 79g	29%
Dietary Fiber 4g	14%
Total Sugars 26g	
Includes 0g Added Sugars	0%
Protein 10g	
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Vitamin D 21mcg	110%
Calcium 110mg	8%
Iron 1.6mg	8%
Potassium 390mg	8%
Vitamin A 880mcg	100%
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* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), OATS, PURE CANE SUGAR, BUTTERMILK, RAISINS, SUGARED ORANGE (ORANGE PEEL, SUGAR, ORANGE OIL), BAKING POWDER, MAPLE EXTRACT (ALCOHOL, SUGAR, MAPLE SYRUP, CARAMEL COLOR, WATER), BAKING SODA, SPICES, CARAMEL COLOR, SALT

CONTAINS: MILK, WHEAT

Posh Bakery Nutrition Label Scone, Raspberry Peach 2.5 Oz

Nutrition Facts	
1 serving per container	
Serving size	71 g (2.5 oz)
Amount per serving	
Calories	310
	% Daily Value *
Total Fat 12g	16%
Saturated Fat 8g	38%
<i>Trans</i> Fat 0g	
Cholesterol 70mg	23%
Sodium 160mg	7%
Total Carbohydrate 42g	15%
Dietary Fiber 1g	4%
Total Sugars 15g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 7.7mcg	40%
Calcium 40mg	4%
Iron 0.4mg	2%
Potassium 110mg	2%
Vitamin A 330mcg	35%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), PURE CANE SUGAR, EGGS, PEACHES, HEAVY CREAM (MILK), BUTTERMILK, RASPBERRIES, FROZEN, UNSWEETENED, SUGARED LEMON (LEMON PEEL, SUGAR, LEMON OIL), BAKING POWDER, VANILLA EXTRACT, SALT, BAKING SODA, SPICES

CONTAINS: EGGS, MILK, WHEAT

Posh Bakery
Nutrition Label
Scone, Raspberry Peach 4.5 Oz

Nutrition Facts	
1 serving per container	
Serving size	128 g (4.5 oz)
Amount per serving	
Calories	540
% Daily Value *	
Total Fat 21g	27%
Saturated Fat 13g	67%
<i>Trans</i> Fat 1g	
Cholesterol 120mg	40%
Sodium 290mg	12%
Total Carbohydrate 74g	27%
Dietary Fiber 2g	8%
Total Sugars 27g	
Includes 0g Added Sugars	0%
Protein 10g	
Vitamin D 13.5mcg	70%
Calcium 80mg	6%
Iron 0.7mg	4%
Potassium 190mg	4%
Vitamin A 580mcg	60%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), PURE CANE SUGAR, EGGS, PEACHES, HEAVY CREAM (MILK), BUTTERMILK, RASPBERRIES, FROZEN, UNSWEETENED, SUGARED LEMON (LEMON PEEL, SUGAR, LEMON OIL), BAKING POWDER, VANILLA EXTRACT, SALT, BAKING SODA, SPICES

CONTAINS: EGGS, MILK, WHEAT