

Posh Bakery

Nutrition Label Report

Cupcake, Banana Fudge - Posh

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;">Serving size 23 g (0.8 oz)</p> <p style="margin: 0;">Calories 90 per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 3.5g	4%	Total Carbohydrate 14g	5%	
Saturated Fat 1.5g	8%	Dietary Fiber 0g	0%		
<i>Trans</i> Fat 0g		Total Sugars 11g			
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%		
Sodium 65mg	3%	Protein 1g			
Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.5mg 2%		Potassium 30mg 0% • Vitamin A 0mcg 0%			

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL AND SOYBEAN OIL, PROPYLENE GLYCOL MONOESTERS, MONO-AND DIGLYCERIDES, AND SOY LECITHIN), EGG WHITES, NONFAT MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT STARCH, FOOD STARCH - MODIFIED, SODIUM BICARBONATE, SALT, DEXTROSE, SODIUM ALUMINUM PHOSPHATE, ACIDIC WITH ALUMINUM SULFATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM ACID PYROPHOSPHATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WITH BHT AND CITRIC ACID TO HELP PROTECT FLAVOR), XANTHAN GUM, GUAR GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, SOY LECITHIN, WATER, CANOLA OIL, FUDGE ICING (SUGAR, CORN SYRUP, VEGETABLE SHORTENING [PALM OIL], WATER, COCOA. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: MONO AND DIGLYCERIDES, SALT, SOYBEAN OIL, SOY LECITHIN, POLYSORBATE 60, POTASSIUM SORBATE [PRESERVATIVE], ARTIFICIAL FLAVOR), BANANAS, SNACKS, BANANA CHIPS, WHITE CHOCOLATE (SUGAR, PALM KERNEL AND PALM OILS, WHEY, NONFAT MILK, SOYA LECITHIN, ARTIFICIAL COLOR (TITANIUM DIOXIDE), NATURAL FLAVOR AND PURE VANILLA), FLAVOR (NATURAL FLAVOR, ETHYL ALCOHOL, WATER), COLOR (WATER, HIGH FRUCTOSE CORN SYRUP, GLYCERINE, FD&C YELLOW 5 (E102), SUGAR, FOOD MODIFIED STARCH, CARRAGEENAN, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), XANTHAN GUM, CITRIC ACID)

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery

Nutrition Label Report

Cupcake, Black & White - Posh

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;">Serving size 28 g (1 oz)</p> <hr/> <p style="margin: 0;">Calories 110 per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 5g	7%	Total Carbohydrate 15g	6%	
	Saturated Fat 3g	14%	Dietary Fiber 0g	0%	
	<i>Trans</i> Fat 0g		Total Sugars 12g		
Cholesterol 10mg	3%	Includes 6g Added Sugars	12%		
Sodium 95mg	4%	Protein 1g			
Vitamin D 1.5mcg 8% • Calcium 10mg 0% • Iron 0.5mg 2%		Potassium 10mg 0% • Vitamin A 70mcg 8%			

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL AND SOYBEAN OIL, PROPYLENE GLYCOL MONOESTERS, MONO-AND DIGLYCERIDES, AND SOY LECITHIN), EGG WHITES, NONFAT MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT STARCH, FOOD STARCH - MODIFIED, SODIUM BICARBONATE, SALT, DEXTROSE, SODIUM ALUMINUM PHOSPHATE, ACIDIC WITH ALUMINUM SULFATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM ACID PYROPHOSPHATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WITH BHT AND CITRIC ACID TO HELP PROTECT FLAVOR), XANTHAN GUM, GUAR GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, SOY LECITHIN, WATER, SUGAR, BLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (SOYBEAN OIL, VEGETABLE MONO AND DIGLYCERIDES, PROPYLENE GLYCOL ESTER, SOY LECITHIN, TOCOPHEROLS [VITAMIN E], VITAMIN C PALMITATE [AS ANTIOXIDANTS]) COCOA (PROCESSED WITH ALKALI), DRIED EGG YOLKS, NONFAT DRY MILK, DRIED EGG WHITES, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE). CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: FOOD STARCH MODIFIED, SALT, ARTIFICIAL FLAVOR, XANTHAN GUM, POLYSORBATE, CARAMEL COLOR, RED 40 (R12593), CANOLA OIL, CANE SUGAR, BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), SEMISWEET CHOCOLATE (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, BUTTER OIL [MILK], EMULSIFIER, SOY LECITHIN, NATURAL VANILLA), PURE CANE SUGAR, HEAVY CREAM (MILK), PALM OIL, UNSWEETENED CHOCOLATE, SPICES, SALT

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery

Nutrition Label Report

Cupcake, Black Forest (mini)

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;">Serving size 20 g (0.7 oz)</p> <hr/> <p style="margin: 0;">Calories 50 per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 2g	2%	Total Carbohydrate 8g	3%	
	Saturated Fat 0.5g	3%	Dietary Fiber 0g	0%	
	<i>Trans</i> Fat 0g		Total Sugars 5g		
Cholesterol 5mg	2%	Includes 0g Added Sugars	0%		
Sodium 105mg	5%	Protein 1g			
Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.3mg 2% Potassium 30mg 0% • Vitamin A 0mcg 0%					

INGREDIENTS: SUGAR, BLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (SOYBEAN OIL, VEGETABLE MONO AND DIGLYCERIDES, PROPYLENE GLYCOL ESTER, SOY LECITHIN, TOCOPHEROLS [VITAMIN E], VITAMIN C PALMITATE [AS ANTIOXIDANTS]) COCOA (PROCESSED WITH ALKALI), DRIED EGG YOLKS, NONFAT DRY MILK, DRIED EGG WHITES, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE). CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: FOOD STARCH MODIFIED, SALT, ARTIFICIAL FLAVOR, XANTHAN GUM, POLYSORBATE, CARAMEL COLOR, RED 40 (R12593), WATER, CANOLA OIL, FILLING (CHERRIES, WATER, HIGH FRUCTOSE CORN SYRUP, SUGAR, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: CITRIC ACID, SALT, POTASSIUM SORBATE (PRESERVATIVE), GELLAN GUM, F.D.&C RED 40, NATURAL FLAVOR. MAY CONTAIN CHERRY PITS), WHIP CREAM (WATER, PARTIALLY HYDROGENATED PALM KERNELS OIL, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SUGAR, CONTAINS LESS THAN 2% OF THE FOLLOWING: *SODIUM CASEINATE (A MILK DERIVATIVE), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, SALT, SOY LECITHIN, MONO AND DIGLYCERIDES, CARRAGEENAN, COLORED WITH BETA CAROTENE)

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery

Nutrition Label Report

Cupcake, Blueberry Mousse, Mini

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;">Serving size 23 g (0.8 oz)</p> <hr/> <p style="margin: 0;">Calories 60 per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 2.5g	3%	Total Carbohydrate 10g	4%	
	Saturated Fat 1g	5%	Dietary Fiber 0g	0%	
	Trans Fat 0g		Total Sugars 5g		
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	
	Sodium 80mg	3%	Protein 1g		
	Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.2mg 2% Potassium 0mg 0% • Vitamin A 0mcg 0%				

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL AND SOYBEAN OIL, PROPYLENE GLYCOL MONOESTERS, MONO-AND DIGLYCERIDES, AND SOY LECITHIN), EGG WHITES, NONFAT MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT STARCH, FOOD STARCH - MODIFIED, SODIUM BICARBONATE, SALT, DEXTROSE, SODIUM ALUMINUM PHOSPHATE, ACIDIC WITH ALUMINUM SULFATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM ACID PYROPHOSPHATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WITH BHT AND CITRIC ACID TO HELP PROTECT FLAVOR), XANTHAN GUM, GUAR GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, SOY LECITHIN, WATER, CANOLA OIL, FRUIT BASE (HIGH FRUCTOSE CORN SYRUP, WATER, DEHYDRATED APPLES [PRESERVED WITH SODIUM SULFITE], CORN SYRUP FOOD STARCH-MODIFIED, PROPYLENE GLYCOL, NATURAL AND ARTIFICIAL FLAVORS, PRESERVATIVES [SODIUM BEANZOATE, SODIUM PROPIONATE, POTASSIUM SORBATE], BLUE 1 LAKE, RED 40 LAKE, RED 3), BLUEBERRIES, WHIP CREAM (WATER, PARTIALLY HYDROGENATED PALM KERNELS OIL, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SUGAR, CONTAINS LESS THAN 2% OF THE FOLLOWING: *SODIUM CASEINATE (A MILK DERIVATIVE), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, SALT, SOY LECITHIN, MONO AND DIGLYCERIDES, CARRAGEENAN, COLORED WITH BETA CAROTENE)

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery

Nutrition Label Report

Cupcake, Carrot W/ Cream Cheese Icing W/ Walnuts

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;">Serving size 51 g (1.8 oz)</p> <hr/> <p style="margin: 0;">Calories 220</p> <p style="margin: 0;">per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 15g	19%	Total Carbohydrate 19g	7%	
	Saturated Fat 5g	24%	Dietary Fiber 1g	4%	
	<i>Trans</i> Fat 0g		Total Sugars 13g		
Cholesterol 45mg	15%	Includes 0g Added Sugars	0%		
Sodium 160mg	7%	Protein 3g			
Vitamin D 2.4mcg 10% • Calcium 30mg 2% • Iron 0.6mg 4%		Potassium 80mg 2% • Vitamin A 220mcg 25%			

INGREDIENTS: CARROT CAKE BASE (SUGAR, ENRICHED WHEAT FLOUR (NIACIN, IRON, THIAMINE, MONONITRATE, RIBOFLAVIN AND FOLIC ACID), COCONUT, CANOLA OIL, LEAVENING (SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, CORN STARCH, MONOCALCIUM PHOSPHATE), SALT, ALLSPICE AND CINNAMON, EGGS, CARROTS, CANOLA OIL, WALNUTS, RAISINS, CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), POWDERED SUGAR (SUGAR, CORNSTARCH), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), GREEN COLOR (WATER, HIGH FRUCTOSE CORN SYRUP, GLYCERINE, FD&C YELLOW 5 [E102], SUGAR MODIFIED FOOD STARCH, FD&C BLUE1 [E133], CARRAGEENAN, POTASSIUM SORBATE AND SODIUM BENZOATE (AS PRESERVATIVES), CITRIC ACID, XANTHAN GUM), COLOR (WATER, HIGH FRUCTOSE CORN SYRUP, GLYCERINE, FD&C YELLOW 6 (E110), SUGAR, MODIFIED FOOD STARCH, CARRAGEENAN GUM, POTASSIUM SORBATE, AND SODIUM BENZOATE (AS PRESERVATIVES), XANTHAN GUM, CITRIC ACID)

CONTAINS: EGGS, MILK, NUTS (WALNUTS), WHEAT

Posh Bakery

Nutrition Label Report

Cupcake, Chocolate Ganache Icing And Choc. Curls

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
1 serving per container Serving size 34 g (1.2 oz)	Total Fat 7g	9%	Total Carbohydrate 16g	6%	
	Saturated Fat 3.5g	18%	Dietary Fiber 1g	3%	
	<i>Trans</i> Fat 0g		Total Sugars 11g		
	Cholesterol 20mg	6%	Includes 0g Added Sugars	0%	
	Sodium 140mg	6%	Protein 2g		
Calories 130	Vitamin D 0.9mcg 4% • Calcium 20mg 2% • Iron 1.1mg 6%		Potassium 40mg 0% • Vitamin A 50mcg 6%		
per serving					

INGREDIENTS: SUGAR, BLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (SOYBEAN OIL, VEGETABLE MONO AND DIGLYCERIDES, PROPYLENE GLYCOL ESTER, SOY LECITHIN, TOCOPHEROLS [VITAMIN E], VITAMIN C PALMITATE [AS ANTIOXIDANTS]) COCOA (PROCESSED WITH ALKALI), DRIED EGG YOLKS, NONFAT DRY MILK, DRIED EGG WHITES, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE). CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: FOOD STARCH MODIFIED, SALT, ARTIFICIAL FLAVOR, XANTHAN GUM, POLYSORBATE, CARAMEL COLOR, RED 40 (R12593), WATER, CANOLA OIL, PURE CANE SUGAR, SEMISWEET CHOCOLATE (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, BUTTER OIL [MILK], EMULSIFIER, SOY LECITHIN, NATURAL VANILLA), HEAVY CREAM (MILK), UNSWEETENED CHOCOLATE, BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS)

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery Nutrition Label Report Cupcake, Coconut

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;">Serving size 20 g (0.7 oz)</p> <hr/> <p style="margin: 0;">Calories 60 per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 3g	4%	Total Carbohydrate 8g	3%	
	Saturated Fat 1.5g	8%	Dietary Fiber 0g	0%	
	Trans Fat 0g		Total Sugars 5g		
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	
	Sodium 80mg	3%	Protein 1g		
Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.2mg 2%		Potassium 0mg 0% • Vitamin A 10mcg 0%			

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL AND SOYBEAN OIL, PROPYLENE GLYCOL MONOESTERS, MONO-AND DIGLYCERIDES, AND SOY LECITHIN), EGG WHITES, NONFAT MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT STARCH, FOOD STARCH - MODIFIED, SODIUM BICARBONATE, SALT, DEXTROSE, SODIUM ALUMINUM PHOSPHATE, ACIDIC WITH ALUMINUM SULFATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM ACID PYROPHOSPHATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WITH BHT AND CITRIC ACID TO HELP PROTECT FLAVOR), XANTHAN GUM, GUAR GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, SOY LECITHIN, WATER, CANOLA OIL, WHIP CREAM (WATER, PARTIALLY HYDROGENATED PALM KERNELS OIL, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SUGAR, CONTAINS LESS THAN 2% OF THE FOLLOWING: *SODIUM CASEINATE (A MILK DERIVATIVE), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, SALT, SOY LECITHIN, MONO AND DIGLYCERIDES, CARRAGEENAN, COLORED WITH BETA CAROTENE), COCONUT (DESICCATED COCONUT, POWDER SUGAR, WATER, PROPYLENE GLYCOL, SALT), NATURAL COCONUT EXTRACT (ALCOHOL, GLYCERINE, NATURAL FLAVOR ESSENCE, WATER)

CONTAINS: COCONUT, EGGS, MILK, SOY, WHEAT

Posh Bakery

Nutrition Label Report

Cupcake, Creme Brulee, Miini

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;">Serving size 20 g (0.7 oz)</p> <hr/> <p style="margin: 0;">Calories 70 per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 3g	4%	Total Carbohydrate 12g	4%	
	Saturated Fat 1g	6%	Dietary Fiber 0g	0%	
	<i>Trans</i> Fat 0g		Total Sugars 9g		
	Cholesterol 5mg	1%	Includes 6g Added Sugars	12%	
	Sodium 65mg	3%	Protein 1g		
Vitamin D 0.8mcg 4% • Calcium 10mg 0% • Iron 0.2mg 0%			Potassium 0mg 0% • Vitamin A 30mcg 4%		

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL AND SOYBEAN OIL, PROPYLENE GLYCOL MONOESTERS, MONO-AND DIGLYCERIDES, AND SOY LECITHIN), EGG WHITES, NONFAT MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT STARCH, FOOD STARCH - MODIFIED, SODIUM BICARBONATE, SALT, DEXTROSE, SODIUM ALUMINUM PHOSPHATE, ACIDIC WITH ALUMINUM SULFATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM ACID PYROPHOSPHATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WITH BHT AND CITRIC ACID TO HELP PROTECT FLAVOR), XANTHAN GUM, GUAR GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, SOY LECITHIN, WATER, CANOLA OIL, CANE SUGAR, CRYSTAL SUGAR (POLISHED WHITER SUGAR, CARNAUBA WAX), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), PALM OIL, CREME BRULEE COMPOUND (MILK, SUGAR, EGG YOLK, NATURAL FLAVOR, PLANT EXTRACTIVES), SPICES, SALT

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery

Nutrition Label Report

Cupcake, Espresso Mocha, Mini

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;">Serving size 20 g (0.7 oz)</p> <hr/> <p style="margin: 0;">Calories 70 per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 3g	4%	Total Carbohydrate 11g	4%	
	Saturated Fat 1g	6%	Dietary Fiber 0g	0%	
	<i>Trans</i> Fat 0g		Total Sugars 8g		
	Cholesterol 5mg	1%	Includes 4g Added Sugars	7%	
	Sodium 75mg	3%	Protein 1g		
	Vitamin D 0.8mcg 4% • Calcium 10mg 0% • Iron 0.2mg 2% Potassium 0mg 0% • Vitamin A 30mcg 4%				

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL AND SOYBEAN OIL, PROPYLENE GLYCOL MONOESTERS, MONO-AND DIGLYCERIDES, AND SOY LECITHIN), EGG WHITES, NONFAT MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT STARCH, FOOD STARCH - MODIFIED, SODIUM BICARBONATE, SALT, DEXTROSE, SODIUM ALUMINUM PHOSPHATE, ACIDIC WITH ALUMINUM SULFATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM ACID PYROPHOSPHATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WITH BHT AND CITRIC ACID TO HELP PROTECT FLAVOR), XANTHAN GUM, GUAR GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, SOY LECITHIN, WATER, CANOLA OIL, CANE SUGAR, BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), PALM OIL, NATURAL FLAVOR (SUCROSE, DEXTROSE, FRUCTOSE, NATURAL FLAVOR, CARAMEL COLOR, SOY LECITHIN), CANDIES, DARK CHOCOLATE COATED COFFEE BEANS, SPICES, SALT

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery

Nutrition Label Report

Cupcake, Everyday, Chocolate

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;">Serving size 20 g (0.7 oz)</p> <hr/> <p style="margin: 0;">Calories 70 per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 3g	4%	Total Carbohydrate 11g	4%	
	Saturated Fat 1g	6%	Dietary Fiber 0g	0%	
	<i>Trans</i> Fat 0g		Total Sugars 8g		
	Cholesterol 10mg	3%	Includes 4g Added Sugars	7%	
	Sodium 105mg	5%	Protein 1g		
	Vitamin D 0.8mcg 4% • Calcium 10mg 0% • Iron 0.3mg 2% Potassium 30mg 0% • Vitamin A 30mcg 4%				

INGREDIENTS: SUGAR, BLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (SOYBEAN OIL, VEGETABLE MONO AND DIGLYCERIDES, PROPYLENE GLYCOL ESTER, SOY LECITHIN, TOCOPHEROLS [VITAMIN E], VITAMIN C PALMITATE [AS ANTIOXIDANTS]) COCOA (PROCESSED WITH ALKALI), DRIED EGG YOLKS, NONFAT DRY MILK, DRIED EGG WHITES, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE). CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: FOOD STARCH MODIFIED, SALT, ARTIFICIAL FLAVOR, XANTHAN GUM, POLYSORBATE, CARAMEL COLOR, RED 40 (R12593), WATER, CANOLA OIL, CANE SUGAR, SPRINKLES (SUGAR, CORN STARCH, PALM OIL, ARTIFICIAL COLORS (FD&C RED#40, YELLOW #5, YELLOW #6 AND BLUE#1 ALUMINIUM LAKE, FD&C RED#3, TITANIUM DIOXIDE AND MICA), CITRIC ACID AND POTASSIUM SORBATE AS PRESERVATIVE), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), PALM OIL, SPICES, SALT

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery

Nutrition Label Report

Cupcake, Everyday, White

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;">Serving size 20 g (0.7 oz)</p> <hr/> <p style="margin: 0;">Calories 70 per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 2.5g	3%	Total Carbohydrate 9g	3%	
	Saturated Fat 1g	4%	Dietary Fiber 0g	0%	
	<i>Trans</i> Fat 0g		Total Sugars 5g		
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	
Sodium 95mg	4%	Protein 1g			
Vitamin D 0mcg 0% • Calcium 10mg 2% • Iron 0.2mg 2% Potassium 0mg 0% • Vitamin A 0mcg 0%					

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL AND SOYBEAN OIL, PROPYLENE GLYCOL MONOESTERS, MONO-AND DIGLYCERIDES, AND SOY LECITHIN), EGG WHITES, NONFAT MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT STARCH, FOOD STARCH - MODIFIED, SODIUM BICARBONATE, SALT, DEXTROSE, SODIUM ALUMINUM PHOSPHATE, ACIDIC WITH ALUMINUM SULFATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM ACID PYROPHOSPHATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WITH BHT AND CITRIC ACID TO HELP PROTECT FLAVOR), XANTHAN GUM, GUAR GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, SOY LECITHIN, WATER, CANOLA OIL, WHIP CREAM (WATER, PARTIALLY HYDROGENATED PALM KERNELS OIL, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SUGAR, CONTAINS LESS THAN 2% OF THE FOLLOWING: *SODIUM CASEINATE (A MILK DERIVATIVE), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, SALT, SOY LECITHIN, MONO AND DIGLYCERIDES, CARRAGEENAN, COLORED WITH BETA CAROTENE), SPRINKLES (SUGAR, CORN STARCH, PALM OIL, ARTIFICIAL COLORS (FD&C RED#40, YELLOW #5, YELLOW #6 AND BLUE#1 ALUMINIUM LAKE, FD&C RED#3, TITANIUM DIOXIDE AND MICA), CITRIC ACID AND POTASSIUM SORBATE AS PRESERVATIVE)

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery

Nutrition Label Report

Cupcake, German Chocolate (Regular)

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
1 serving per container Serving size 28 g (1 oz) Calories 100 per serving	Total Fat 4g	5%	Total Carbohydrate 15g	5%	
	Saturated Fat 1.5g	8%	Dietary Fiber 0g	0%	
	<i>Trans</i> Fat 0g		Total Sugars 10g		
	Cholesterol 10mg	3%	Includes 0g Added Sugars	0%	
	Sodium 160mg	7%	Protein 2g		
	Vitamin D 0mcg 0% • Calcium 40mg 2% • Iron 0.5mg 2% Potassium 40mg 0% • Vitamin A 20mcg 2%				

INGREDIENTS: SUGAR, BLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (SOYBEAN OIL, VEGETABLE MONO AND DIGLYCERIDES, PROPYLENE GLYCOL ESTER, SOY LECITHIN, TOCOPHEROLS [VITAMIN E], VITAMIN C PALMITATE [AS ANTIOXIDANTS]) COCOA (PROCESSED WITH ALKALI), DRIED EGG YOLKS, NONFAT DRY MILK, DRIED EGG WHITES, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE). CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: FOOD STARCH MODIFIED, SALT, ARTIFICIAL FLAVOR, XANTHAN GUM, POLYSORBATE, CARAMEL COLOR, RED 40 (R12593), WATER, CANOLA OIL, GERMAN CHOCOLATE ICING (EVAPORATED MILK [MILK, DIPOTASSIUM PHOSPHATE, CARRAGEENAN, VITAMIN D3], SUGAR, CORN SYRUP, COCONUT [TREATED WITH SODIUM METABISULFITE], PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS, DEXTROSE, PECANS, BUTTER [CREAM, SALT], MODIFIED FOOD STARCH. CONTAINS 2% OR LESS OF THE FOLLOWING: WATER, MONO AND DIGLYCERIDES, SALT, NATURAL AND ARTIFICIAL FLAVORS, PROPYLENE GLYCOL, PRESERVATIVES [POTASSIUM SORBATE, SODIUM PROPIONATE], CARAMEL COLOR [TREATED WITH SULFITES], HELIOTROPHONE, HYDROCHLORIC ACID), COCONUT (DESICCATED COCONUT, POWDER SUGAR, WATER, PROPYLENE GLYCOL, SALT), PURE CANE SUGAR, HEAVY CREAM (MILK), UNSWEETENED CHOCOLATE, BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS)

CONTAINS: COCONUT, EGGS, MILK, NUTS (COCONUT & PECANS), SOY, WHEAT

Posh Bakery

Nutrition Label Report

Cupcake, Key West Key Lime - Posh

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
	1 serving per container Serving size 23 g (0.8 oz)	Total Fat 3g	4%	Total Carbohydrate 9g
Calories 70 per serving	Saturated Fat 1.5g	8%	Dietary Fiber 0g	0%
	<i>Trans</i> Fat 0g		Total Sugars 6g	
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
	Sodium 85mg	4%	Protein 1g	
	Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.2mg 2%		Potassium 0mg 0% • Vitamin A 10mcg 0%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL AND SOYBEAN OIL, PROPYLENE GLYCOL MONOESTERS, MONO-AND DIGLYCERIDES, AND SOY LECITHIN), EGG WHITES, NONFAT MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT STARCH, FOOD STARCH - MODIFIED, SODIUM BICARBONATE, SALT, DEXTROSE, SODIUM ALUMINUM PHOSPHATE, ACIDIC WITH ALUMINUM SULFATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM ACID PYROPHOSPHATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WITH BHT AND CITRIC ACID TO HELP PROTECT FLAVOR), XANTHAN GUM, GUAR GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, SOY LECITHIN, WATER, CANOLA OIL, WHIP CREAM (WATER, PARTIALLY HYDROGENATED PALM KERNELS OIL, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SUGAR, CONTAINS LESS THAN 2% OF THE FOLLOWING: *SODIUM CASEINATE (A MILK DERIVATIVE), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, SALT, SOY LECITHIN, MONO AND DIGLYCERIDES, CARRAGEENAN, COLORED WITH BETA CAROTENE), LEMON FILLING (WATER, HIGH FRUCTOSE CORN SYRUP, FOOD STARCH-MODIFIED, SUGAR, DEXTROSE, VEGETABLE SHORTENING [PALM OIL, MONO AND DYGLICERIDES, POLYSORBATE 60, CITRIC ACID AS ANTIOXIDANT], ADIPIC ACID, SOYBEAN OIL, NATURAL AND ARTIFICIAL FLAVORS, PRESERVATIVES [SODIUM BENZOATE, SODIUM PROPIONATE, POTASSIUM SORBATE], SALT, YELLOW 5, YELLOW 6, CRUMBS (GRAHAM FLOUR, ENRICHED WHEAT FLOUR [WHEAT FLOUR, ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, CORN FLOUR, PALM OIL, CORN SYRUP, MOLASSES, WHEY, HONEY, LEAVENING [SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, CORN STARCH], SALT, ARTIFICIAL COLOR [YELLOW 5 AND YELLOW 6], NATURAL FLAVOR, SOY LECITHIN)

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery

Nutrition Label Report

Cupcake, Luscious Lemon

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;">Serving size 23 g (0.8 oz)</p> <hr/> <p style="margin: 0;">Calories 80 per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 3g	4%	Total Carbohydrate 13g	5%	
	Saturated Fat 1.5g	6%	Dietary Fiber 0g	0%	
	Trans Fat 0g		Total Sugars 10g		
	Cholesterol 5mg	1%	Includes 4g Added Sugars	7%	
	Sodium 80mg	4%	Protein 1g		
Vitamin D 0.8mcg 4% • Calcium 10mg 0% • Iron 0.2mg 2%					
Potassium 0mg 0% • Vitamin A 30mcg 4%					

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL AND SOYBEAN OIL, PROPYLENE GLYCOL MONOESTERS, MONO-AND DIGLYCERIDES, AND SOY LECITHIN), EGG WHITES, NONFAT MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT STARCH, FOOD STARCH - MODIFIED, SODIUM BICARBONATE, SALT, DEXTROSE, SODIUM ALUMINUM PHOSPHATE, ACIDIC WITH ALUMINUM SULFATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM ACID PYROPHOSPHATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WITH BHT AND CITRIC ACID TO HELP PROTECT FLAVOR), XANTHAN GUM, GUAR GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, SOY LECITHIN, WATER, CANOLA OIL, CANE SUGAR, CRYSTAL SUGAR (POLISHED WHITER SUGAR, CARNAUBA WAX), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), PALM OIL, NATURAL FLAVOR (SUCROSE, DEXTROSE, FRUCTOSE, LEMON, NATURAL FLAVOR, SOY LECITHIN), COLOR (WATER, HIGH FRUCTOSE CORN SYRUP, GLYCERINE, FD&C YELLOW 5 (E102), SUGAR, FOOD MODIFIED STARCH, CARRAGEENAN, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), XANTHAN GUM, CITRIC ACID), SPICES, SALT

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery

Nutrition Label Report

Cupcake, Milk And Cookies

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;">Serving size 23 g (0.8 oz)</p> <hr/> <p style="margin: 0;">Calories 90 per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 4g	5%	Total Carbohydrate 13g	5%	
	Saturated Fat 2g	9%	Dietary Fiber 0g	0%	
	<i>Trans</i> Fat 0g		Total Sugars 10g		
	Cholesterol 5mg	2%	Includes 5g Added Sugars	11%	
	Sodium 80mg	3%	Protein 1g		
	Vitamin D 1.2mcg 6% • Calcium 10mg 0% • Iron 0.3mg 2% Potassium 0mg 0% • Vitamin A 50mcg 6%				

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL AND SOYBEAN OIL, PROPYLENE GLYCOL MONOESTERS, MONO-AND DIGLYCERIDES, AND SOY LECITHIN), EGG WHITES, NONFAT MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT STARCH, FOOD STARCH - MODIFIED, SODIUM BICARBONATE, SALT, DEXTROSE, SODIUM ALUMINUM PHOSPHATE, ACIDIC WITH ALUMINUM SULFATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM ACID PYROPHOSPHATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WITH BHT AND CITRIC ACID TO HELP PROTECT FLAVOR), XANTHAN GUM, GUAR GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, SOY LECITHIN, WATER, CANOLA OIL, CANE SUGAR, BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), COOKIES (UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SUGAR, PALM, AND/OR CANOLA OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, LEAVENING (BAKING SODA, AND/OR CALCIUM PHOSPHATE), CORNSTARCH, SALT, SOY LECITHIN, VANILLINAN ARTIFICIAL FLAVOR, CHOCOLATE), PALM OIL, PURE CANE SUGAR, HEAVY CREAM (MILK), UNSWEETENED CHOCOLATE, SPICES, SALT

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery

Nutrition Label Report

Cupcake, Raspberry Mousse, Mini

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
	1 serving per container	Total Fat 2g	3%	Total Carbohydrate 8g	
Serving size 20 g (0.7 oz)	Saturated Fat 1g	5%	Dietary Fiber 0g	0%	
	<i>Trans</i> Fat 0g		Total Sugars 5g		
Calories 60	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	
	Sodium 70mg	3%	Protein 1g		
	Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.2mg 0% Potassium 0mg 0% • Vitamin A 0mcg 0%				

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL AND SOYBEAN OIL, PROPYLENE GLYCOL MONOESTERS, MONO-AND DIGLYCERIDES, AND SOY LECITHIN), EGG WHITES, NONFAT MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT STARCH, FOOD STARCH - MODIFIED, SODIUM BICARBONATE, SALT, DEXTROSE, SODIUM ALUMINUM PHOSPHATE, ACIDIC WITH ALUMINUM SULFATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM ACID PYROPHOSPHATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WITH BHT AND CITRIC ACID TO HELP PROTECT FLAVOR), XANTHAN GUM, GUAR GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, SOY LECITHIN, WATER, CANOLA OIL, RASPBERRY FILLING (WATER, HIGH FRUCTOSE CORN SYRUP, RED RASPBERRIES, SUGAR, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: CITRIC ACID, NATURAL FLAVOR, LEMON JUICE, POTASSIUM SORBATE [PRESERVATIVES], SALT, F.D.& C. RED NO 40), WHIP CREAM (WATER, PARTIALLY HYDROGENATED PALM KERNELS OIL, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SUGAR, CONTAINS LESS THAN 2% OF THE FOLLOWING: *SODIUM CASEINATE (A MILK DERIVATIVE), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, SALT, SOY LECITHIN, MONO AND DIGLYCERIDES, CARRAGEENAN, COLORED WITH BETA CAROTENE)

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery

Nutrition Label Report

Cupcake, Red Velvet W/ Cream Cheese & Crumbs

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
	1 serving per container	Total Fat 5g	6%	Total Carbohydrate 9g	
Serving size 23 g (0.8 oz)	Saturated Fat 2.5g	12%	Dietary Fiber 0g	0%	
	<i>Trans</i> Fat 0g		Total Sugars 6g		
Calories 80	Cholesterol 10mg	4%	Includes 0g Added Sugars	0%	
	Sodium 85mg	4%	Protein 1g		
	Vitamin D 1.4mcg 8% • Calcium 10mg 0% • Iron 0.2mg 2% Potassium 40mg 0% • Vitamin A 110mcg 10%				

INGREDIENTS: CAKE MIX (SUGAR, BLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR, ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING [SOYBEAN OIL, VEGETABLE MONO AND DIGLYCERIDES, PROPYLENE GLYCOL ESTER, SOY LECITHIN, TOCOPHEROLS (VITAMIN E), VITAMIN C PALMITATE (AS ANTIOXIDANTS)], DRIED EGG WHITES, COCOA (PROCESSED WITH ALKALI), DEXTROSE, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), DRIED EGG YOLKS, FOOD STARCH - MODIFIED, EMULSIFIERS (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, MONO AND DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, POLYSORBATE 60), NONFAT DRY MILK, DRIED WHEY (MILK), SALT, NATURAL AND ARTIFICIAL FLAVORS (MILK), CELLULOSE, XANTHAN GUM, LOCUST BEAN GUM, GUAR GUM, RED 40, CARAMEL COLOR [CONTAINS SULFITES]), WATER, CANOLA OIL, CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), POWDERED SUGAR (SUGAR, CORNSTARCH), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS)

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery

Nutrition Label Report

Cupcake, Strawberry Fields, Mini

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;">Serving size 20 g (0.7 oz)</p> <hr/> <p style="margin: 0;">Calories 60 per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 2.5g	3%	Total Carbohydrate 8g	3%	
	Saturated Fat 1.5g	7%	Dietary Fiber 0g	0%	
	<i>Trans</i> Fat 0g		Total Sugars 5g		
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	
	Sodium 75mg	3%	Protein 1g		
	Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.2mg 2% Potassium 0mg 0% • Vitamin A 10mcg 0%				

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL AND SOYBEAN OIL, PROPYLENE GLYCOL MONOESTERS, MONO-AND DIGLYCERIDES, AND SOY LECITHIN), EGG WHITES, NONFAT MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT STARCH, FOOD STARCH - MODIFIED, SODIUM BICARBONATE, SALT, DEXTROSE, SODIUM ALUMINUM PHOSPHATE, ACIDIC WITH ALUMINUM SULFATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM ACID PYROPHOSPHATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WITH BHT AND CITRIC ACID TO HELP PROTECT FLAVOR), XANTHAN GUM, GUAR GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, SOY LECITHIN, WATER, CANOLA OIL, WHIP CREAM (WATER, PARTIALLY HYDROGENATED PALM KERNELS OIL, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SUGAR, CONTAINS LESS THAN 2% OF THE FOLLOWING: *SODIUM CASEINATE (A MILK DERIVATIVE), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, SALT, SOY LECITHIN, MONO AND DIGLYCERIDES, CARRAGEENAN, COLORED WITH BETA CAROTENE), FILLING STRAWBERRY ALL PURPOSE (WATER, HIGH FRUCTOSE CORN SYRUP, STRAWBERRIES, CORN SYRUP, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: CITRIC ACID, NATURAL FLAVOR, GELLAN GUM, POTASSIUM SORBATE AND SODIUM BENZOATE [PRESERVATIVES], SALT, F.D.&C. RED 40 AND BLUE 1), DECORETTES (SUGAR, CORN STARCH, PARTIALLY HYDROGENATED VEGETABLE OIL (COTTONSEED AND / OR SOYBEAN), RICE FLOUR, SOY LECITHIN, DEXTRIN, CONFECTIONER'S GLAZE, GUM ARABIC, CELLULOSE GUM, NATURAL AND ARTIFICIAL FLAVOR, CARRAGEENAN CARNAUBA WAX, FD&C RED #40, TITANIUM DIOXIDE, FD&C RED #3, FD&C YELLOW #6)

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery

Nutrition Label Report

Cupcake, Strawberry Mousse, Mini

<p>Nutrition Facts</p> <p>1 serving per container</p> <p>Serving size 20 g (0.7 oz)</p> <hr/> <p>Calories 60 per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 2g	3%	Total Carbohydrate 9g	3%	
	Saturated Fat 1g	6%	Dietary Fiber 0g	0%	
	<i>Trans</i> Fat 0g		Total Sugars 6g		
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	
Sodium 55mg	2%	Protein 1g			
Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.1mg 0% Potassium 0mg 0% • Vitamin A 10mcg 0%					

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL AND SOYBEAN OIL, PROPYLENE GLYCOL MONOESTERS, MONO-AND DIGLYCERIDES, AND SOY LECITHIN), EGG WHITES, NONFAT MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT STARCH, FOOD STARCH - MODIFIED, SODIUM BICARBONATE, SALT, DEXTROSE, SODIUM ALUMINUM PHOSPHATE, ACIDIC WITH ALUMINUM SULFATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM ACID PYROPHOSPHATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WITH BHT AND CITRIC ACID TO HELP PROTECT FLAVOR), XANTHAN GUM, GUAR GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, SOY LECITHIN, WATER, CANOLA OIL, WHIP CREAM (WATER, PARTIALLY HYDROGENATED PALM KERNELS OIL, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SUGAR, CONTAINS LESS THAN 2% OF THE FOLLOWING: *SODIUM CASEINATE (A MILK DERIVATIVE), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, SALT, SOY LECITHIN, MONO AND DIGLYCERIDES, CARRAGEENAN, COLORED WITH BETA CAROTENE), NATURAL MANGO FLAVOR (SUCROSE, DEXTROSE, FRUCTOSE, MANGO, NATURAL FLAVOR, SOY LECITHIN), STRAWBERRY FILLING (WATER, HIGH FRUCTOSE CORN SYRUP, STRAWBERRIES, CORN SYRUP, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: CITRIC ACID, NATURAL FLAVORS, GELLAN GUM, POTASSIUM SORBATE AND SODIUM BENZOATE [PRESERVATIVES], SALT, F.D.& C. RED 40, F.D.& C. BLUE 1), FILLING STRAWBERRY ALL PURPOSE (WATER, HIGH FRUCTOSE CORN SYRUP, STRAWBERRIES, CORN SYRUP, MODIFIED CORN STACH, CONTAINS 2% OR LESS OF THE FOLLOWING: CITRIC ACID, NATURAL FLAVOR, GELLAN GUM, POTASSIUM SORBATE AND SODIUM BENZOATE [PRESERVATIVES], SALT, F.D.&C. RED 40 AND BLUE 1)

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery Nutrition Label Report Cupcake, Tiramisu

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;">Serving size 20 g (0.7 oz)</p> <hr/> <p style="margin: 0;">Calories 70 per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 4g	5%	Total Carbohydrate 7g	3%	
	Saturated Fat 2g	9%	Dietary Fiber 0g	0%	
	<i>Trans</i> Fat 0g		Total Sugars 5g		
Cholesterol 10mg	3%	Includes 0g Added Sugars	0%		
Sodium 65mg	3%	Protein 1g			
Vitamin D 0.1mcg 0% • Calcium 10mg 2% • Iron 0.2mg 0% Potassium 10mg 0% • Vitamin A 30mcg 4%					

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL AND SOYBEAN OIL, PROPYLENE GLYCOL MONOESTERS, MONO-AND DIGLYCERIDES, AND SOY LECITHIN), EGG WHITES, NONFAT MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT STARCH, FOOD STARCH - MODIFIED, SODIUM BICARBONATE, SALT, DEXTROSE, SODIUM ALUMINUM PHOSPHATE, ACIDIC WITH ALUMINUM SULFATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM ACID PYROPHOSPHATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WITH BHT AND CITRIC ACID TO HELP PROTECT FLAVOR), XANTHAN GUM, GUAR GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, SOY LECITHIN, WATER, CANOLA OIL, HEAVY CREAM (MILK), MASCARPONE CHEESE (PASTEURIZED MILK AND CREAM, CITRIC ACID/ LATTE PASTORIZZATO, PANNA, ADICO CITRICO), CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), CANE SUGAR, SPICES, COCOA (DUTCH PROCESS WITH POTASSIUM CARBONATE), SUGAR, RUM, BEVERAGES, COFFEE, INSTANT, REGULAR, POWDER

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery

Nutrition Label Report

Cupcake, Toasted Almond

<p>Nutrition Facts</p> <p>1 serving per container</p> <p>Serving size 20 g (0.7 oz)</p> <p>Calories 70 per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 3g	4%	Total Carbohydrate 9g	3%	
	Saturated Fat 1g	5%	Dietary Fiber 0g	0%	
	Trans Fat 0g		Total Sugars 5g		
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	
Sodium 85mg	4%	Protein 1g			
Vitamin D 0mcg 0% • Calcium 10mg 2% • Iron 0.2mg 2%		Potassium 10mg 0% • Vitamin A 0mcg 0%			

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL AND SOYBEAN OIL, PROPYLENE GLYCOL MONOESTERS, MONO-AND DIGLYCERIDES, AND SOY LECITHIN), EGG WHITES, NONFAT MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT STARCH, FOOD STARCH - MODIFIED, SODIUM BICARBONATE, SALT, DEXTROSE, SODIUM ALUMINUM PHOSPHATE, ACIDIC WITH ALUMINUM SULFATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM ACID PYROPHOSPHATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WITH BHT AND CITRIC ACID TO HELP PROTECT FLAVOR), XANTHAN GUM, GUAR GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, SOY LECITHIN, WATER, CANOLA OIL, NATURAL ALMONDS, WHIP CREAM (WATER, PARTIALLY HYDROGENATED PALM KERNELS OIL, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SUGAR, CONTAINS LESS THAN 2% OF THE FOLLOWING: *SODIUM CASEINATE (A MILK DERIVATIVE), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, SALT, SOY LECITHIN, MONO AND DIGLYCERIDES, CARRAGEENAN, COLORED WITH BETA CAROTENE), BAVARIAN CREME (WATER, HIGH FRUCTOSE CORN SYRUP, FOOD STARCH-MODIFIED. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: VEGETABLE SHORTENING [PALM OIL, MONO AND DIGLYCERIDES, POLYSORBATE 60], SOYBEAN OIL, SALT, PRESERVATIVES [POTASSIUM SORBATE, SODIUM BENZOATE], NATURAL AND ARTIFICIAL FLAVORS, PHOSPHORIC ACID, TITANIUM DIOXIDE (COLOR), YELLOW 5, YELLOW 6. [R12558]), PURE ALMOND EXTRACT (ALCOHOL, OIL OF BITTER ALMOND, WATER)

CONTAINS: ALMONDS, EGGS, MILK, NUTS, SOY, WHEAT

Posh Bakery

Nutrition Label Report

Cupcake, Vanilla Bean - Posh

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 serving per container</p> <p style="margin: 0;">Serving size 23 g (0.8 oz)</p> <hr/> <p style="margin: 0;">Calories 90 per serving</p>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 4g	5%	Total Carbohydrate 13g	5%	
	Saturated Fat 1.5g	9%	Dietary Fiber 0g	0%	
	<i>Trans</i> Fat 0g		Total Sugars 10g		
	Cholesterol 5mg	2%	Includes 6g Added Sugars	12%	
	Sodium 80mg	3%	Protein 1g		
Vitamin D 1.2mcg 6% • Calcium 10mg 0% • Iron 0.2mg 2%			Potassium 0mg 0% • Vitamin A 50mcg 6%		

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL AND SOYBEAN OIL, PROPYLENE GLYCOL MONOESTERS, MONO-AND DIGLYCERIDES, AND SOY LECITHIN), EGG WHITES, NONFAT MILK. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT STARCH, FOOD STARCH - MODIFIED, SODIUM BICARBONATE, SALT, DEXTROSE, SODIUM ALUMINUM PHOSPHATE, ACIDIC WITH ALUMINUM SULFATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM ACID PYROPHOSPHATE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, WITH BHT AND CITRIC ACID TO HELP PROTECT FLAVOR), XANTHAN GUM, GUAR GUM, POLYSORBATE 60, MONOCALCIUM PHOSPHATE, SOY LECITHIN, WATER, CANOLA OIL, CANE SUGAR, BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), PALM OIL, VANILLA FLAVOR (SUCROSE, DEXTROSE, FRUCTOSE, VANILLA, NATURAL FLAVOR, SOY LECITHIN, CARAMEL COLOR), SPICES, SALT

CONTAINS: EGGS, MILK, SOY, WHEAT