

Posh Bakery
Nutrition Label
Cookie, Black And White 3.5 Oz

Nutrition Facts	
1 Cookie servings per container	
Serving size	85 g (3 oz)
Amount per serving	
Calories	380
% Daily Value *	
Total Fat 14g	18%
Saturated Fat 8g	40%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 200mg	9%
Total Carbohydrate 58g	21%
Dietary Fiber 1g	4%
Total Sugars 35g	
Includes 30g Added Sugars	59%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 4.6mg	25%
Potassium 100mg	2%
Vitamin A 430mcg	50%
Folate 40mcg DFE (25mcg Folic Acid)	10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME), SUGAR, MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, MONO- AND DIGLYCERIDES, COLORED WITH ANNATTO. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, ARTIFICIAL BUTTER FLAVOR. VITAMIN A PALMITATE ADDED), EGGS, CHOCOLATE (SUGAR, PALM KERNEL AND PALM OILS (PROCESSED WITH POTASSIUM CARBONATE), NONFAT DRY MILK, SORBITAN MONOSTERATE AND SOYA LECITHIN EMULSIFIERS, PURE VANILLA), WHITE CHOCOLATE (SUGAR, PALM KERNEL AND PALM OILS, WHEY, NONFAT MILK, SOYA LECITHIN, ARTIFICIAL COLOR (TITANIUM DIOXIDE), NATURAL FLAVOR AND PURE VANILLA), VANILLA EXTRACT, BAKING SODA, BAKING POWDER

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery
Nutrition Label
Cookie, Chocolate Chip 1.5 Oz

Nutrition Facts	
1 Cookie servings per container	
Serving size	43 g (1.5 oz)
Amount per serving	
Calories	200
% Daily Value *	
Total Fat 9g	12%
Saturated Fat 6g	29%
<i>Trans</i> Fat 0g	
Cholesterol 30mg	10%
Sodium 95mg	4%
Total Carbohydrate 28g	10%
Dietary Fiber 1g	3%
Total Sugars 17g	
Includes 6g Added Sugars	12%
Protein 2g	
Vitamin D 4.6mcg	25%
Calcium 10mg	0%
Iron 2.7mg	15%
Potassium 60mg	2%
Vitamin A 190mcg	20%
Folate 20mcg DFE (10mcg Folic Acid)	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME), SEMISWEET CHOCOLATE ([SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER], SOYA LECITHIN), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), BROWN SUGAR, PURE CANE SUGAR, EGGS, VANILLA EXTRACT, SALT, BAKING SODA

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery Nutrition Label Cookie, Chocolate Chip 3Oz

Nutrition Facts	
1 Cookie servings per container	
Serving size	85 g (3 oz)
Amount per serving	
Calories	390
% Daily Value *	
Total Fat 18g	23%
Saturated Fat 12g	58%
<i>Trans</i> Fat 0g	
Cholesterol 60mg	20%
Sodium 180mg	8%
Total Carbohydrate 55g	20%
Dietary Fiber 2g	7%
Total Sugars 33g	
Includes 12g Added Sugars	24%
Protein 4g	
Vitamin D 9mcg	45%
Calcium 20mg	2%
Iron 5.4mg	30%
Potassium 110mg	2%
Vitamin A 380mcg	40%
Folate 35mcg DFE (20mcg Folic Acid)	8%
<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>	
<p>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</p>	

INGREDIENTS: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME), SEMISWEET CHOCOLATE ([SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER], SOYA LECITHIN), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), BROWN SUGAR, PURE CANE SUGAR, EGGS, VANILLA EXTRACT, SALT, BAKING SODA

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery
Nutrition Label
Cookie, Coconut Macaroon 1.5 Oz

Nutrition Facts	
1 Cookie servings per container	
Serving size	43 g (1.5 oz)
Amount per serving	
Calories	80
% Daily Value *	
Total Fat 5g	6%
Saturated Fat 3g	15%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 40mg	2%
Total Carbohydrate 9g	3%
Dietary Fiber 1g	4%
Total Sugars 7g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.3mg	2%
Potassium 40mg	0%
Vitamin A 0mcg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: COCONUT (DESICCATED COCONUT, POWDER SUGAR, WATER, PROPYLENE GLYCOL, SALT), EGG WHITES (TRIETHYL CITRATE [ADDED AS A WHIPPING AGENT]), POWDERED SUGAR (SUGAR, CORNSTARCH)

CONTAINS: COCONUT, EGGS

Posh Bakery
Nutrition Label
Cookie, Coconut Macaroon 3.0 Oz

Nutrition Facts	
1 Cookie servings per container	
Serving size	85 g (3 oz)
Amount per serving	
Calories	320
% Daily Value *	
Total Fat 19g	25%
Saturated Fat 12g	60%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 34g	12%
Dietary Fiber 5g	17%
Total Sugars 29g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1mg	6%
Potassium 160mg	4%
Vitamin A 0mcg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: COCONUT (DESICCATED COCONUT, POWDER SUGAR, WATER, PROPYLENE GLYCOL, SALT), EGG WHITES (TRIETHYL CITRATE [ADDED AS A WHIPPING AGENT]), POWDERED SUGAR (SUGAR, CORNSTARCH)

CONTAINS: COCONUT, EGGS

Posh Bakery
Nutrition Label
Cookie, Coconut Macaroon Dipped 3.5 Oz

Nutrition Facts	
1 Cookie servings per container	
Serving size	99 g (3.5 oz)
Amount per serving	
Calories	450
	% Daily Value *
Total Fat 28g	36%
Saturated Fat 18g	89%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 47g	17%
Dietary Fiber 6g	22%
Total Sugars 40g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.7mg	10%
Potassium 190mg	4%
Vitamin A 0mcg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: COCONUT (DESICCATED COCONUT, POWDER SUGAR, WATER, PROPYLENE GLYCOL, SALT), EGG WHITES (TRIETHYL CITRATE [ADDED AS A WHIPPING AGENT]), POWDERED SUGAR (SUGAR, CORNSTARCH), CHOCOLATE (SUGAR, PALM KERNEL AND PALM OILS (PROCESSED WITH POTASSIUM CARBONATE), NONFAT DRY MILK, SORBITAN MONOSTERATE AND SOYA LECITHIN EMULSIFIERS, PURE VANILLA), SOYBEAN OIL

CONTAINS: COCONUT, EGGS, MILK, SOY

Posh Bakery Nutrition Label

Cookie, Macadamia, Dipped 3.0 Oz

Nutrition Facts	
1 Cookie servings per container	
Serving size	85 g (3 oz)
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Amount per serving	
Calories	500
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	% Daily Value *
Total Fat 25g	32%
Saturated Fat 14g	69%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 310mg	13%
Total Carbohydrate 64g	23%
Dietary Fiber 1g	4%
Total Sugars 42g	
Includes 10g Added Sugars	20%
Protein 4g	
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Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 4.6mg	25%
Potassium 130mg	2%
Vitamin A 440mcg	50%
Folate 40mcg DFE (20mcg Folic Acid)	10%
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* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
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Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME), PURE CANE SUGAR, CHOCOLATE (SUGAR, PARTIALLY HYDROGENATED PALM KERNEL OIL AND COCOA BUTTER, NONFAT MILK, CREAM, WHEY, MONOAND DIGLYCERIDE AND SOYA LECITHIN EMULSIFIERS, PURE VANILLA), MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, MONO- AND DIGLYCERIDES, COLORED WITH ANNATTO. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, ARTIFICIAL BUTTER FLAVOR. VITAMIN A PALMITATE ADDED), WHITE CHOCOLATE (SUGAR, PALM KERNEL AND PALM OILS, WHEY, NONFAT MILK, SOYA LECITHIN, ARTIFICIAL COLOR (TITANIUM DIOXIDE), NATURAL FLAVOR AND PURE VANILLA), BROWN SUGAR, EGGS, MACADAMIA NUTS,, SOYBEAN OIL, VANILLA EXTRACT, BAKING POWDER, BAKING SODA

CONTAINS: EGGS, MACADAMIA NUTS, MILK, SOY WHFAT

Posh Bakery
Nutrition Label
Cookie, Oatmeal 1.5 Oz

Nutrition Facts	
1 Cookie servings per container	
Serving size	43 g (1.5 oz)
Amount per serving	
Calories	190
% Daily Value *	
Total Fat 7g	9%
Saturated Fat 3g	14%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	4%
Sodium 160mg	7%
Total Carbohydrate 29g	11%
Dietary Fiber 2g	6%
Total Sugars 16g	
Includes 13g Added Sugars	25%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.5mg	8%
Potassium 120mg	2%
Vitamin A 240mcg	25%
Folate 15mcg DFE (5mcg Folic Acid)	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: OATS, MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, MONO- AND DIGLYCERIDES, COLORED WITH ANNATTO. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, ARTIFICIAL BUTTER FLAVOR. VITAMIN A PALMITATE ADDED), BROWN SUGAR, RAISINS, SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME), EGGS, SPICES, BAKING POWDER, VANILLA EXTRACT, BAKING SODA

CONTAINS: EGGS, WHEAT

Posh Bakery
Nutrition Label
Cookie, Oatmeal 3.0 Oz

Nutrition Facts	
1 Cookie servings per container	
Serving size	85 g (3 oz)
Amount per serving	
Calories	370
% Daily Value *	
Total Fat 13g	17%
Saturated Fat 6g	28%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 320mg	14%
Total Carbohydrate 58g	21%
Dietary Fiber 4g	13%
Total Sugars 32g	
Includes 25g Added Sugars	50%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 3mg	15%
Potassium 240mg	6%
Vitamin A 470mcg	50%
Folate 25mcg DFE (10mcg Folic Acid)	6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: OATS, MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, MONO- AND DIGLYCERIDES, COLORED WITH ANNATTO. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, ARTIFICIAL BUTTER FLAVOR. VITAMIN A PALMITATE ADDED), BROWN SUGAR, RAISINS, SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME), EGGS, SPICES, BAKING POWDER, VANILLA EXTRACT, BAKING SODA

CONTAINS: EGGS, WHEAT

Posh Bakery
Nutrition Label
Cookie, Peanut Butter 1.5 Oz

Nutrition Facts	
1 Cookie servings per container	
Serving size	43 g (1.5 oz)
Amount per serving	
Calories	200
% Daily Value *	
Total Fat 9g	11%
Saturated Fat 3.5g	17%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	4%
Sodium 160mg	7%
Total Carbohydrate 28g	10%
Dietary Fiber 1g	3%
Total Sugars 14g	
Includes 6g Added Sugars	11%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 2.6mg	15%
Potassium 60mg	2%
Vitamin A 250mcg	25%
Folate 20mcg DFE (10mcg Folic Acid)	6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME), PURE CANE SUGAR, MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, MONO- AND DIGLYCERIDES, COLORED WITH ANNATTO. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, ARTIFICIAL BUTTER FLAVOR. VITAMIN A PALMITATE ADDED), BROWN SUGAR, DRY ROASTED PEANUTS, EGGS, BAKING POWDER, BAKING SODA

CONTAINS: EGGS, PEANUTS, WHEAT

Posh Bakery
Nutrition Label
Cookie, Peanut Butter 3.0 Oz

Nutrition Facts	
1 Cookie servings per container	
Serving size	85 g (3 oz)
Amount per serving	
Calories	400
% Daily Value *	
Total Fat 17g	22%
Saturated Fat 7g	34%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 310mg	14%
Total Carbohydrate 55g	20%
Dietary Fiber 2g	7%
Total Sugars 29g	
Includes 11g Added Sugars	22%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 5.2mg	30%
Potassium 120mg	2%
Vitamin A 490mcg	50%
Folate 40mcg DFE (25mcg Folic Acid)	10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME), PURE CANE SUGAR, MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, MONO- AND DIGLYCERIDES, COLORED WITH ANNATTO. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, ARTIFICIAL BUTTER FLAVOR. VITAMIN A PALMITATE ADDED), BROWN SUGAR, DRY ROASTED PEANUTS, EGGS, BAKING POWDER, BAKING SODA

CONTAINS: EGGS, PEANUTS, WHEAT

Posh Bakery
Nutrition Label
Cookie, Peanut Butter With Dark Chocolate 3.5 Oz

Nutrition Facts	
1 Cookie servings per container	
Serving size	99 g (3.5 oz)
Amount per serving	
Calories	550
% Daily Value *	
Total Fat 26g	33%
Saturated Fat 13g	64%
<i>Trans</i> Fat 0g	
Cholesterol 25mg	9%
Sodium 370mg	16%
Total Carbohydrate 73g	27%
Dietary Fiber 3g	10%
Total Sugars 42g	
Includes 13g Added Sugars	25%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 6.8mg	40%
Potassium 140mg	4%
Vitamin A 570mcg	60%
Folate 50mcg DFE (30mcg Folic Acid)	10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME), PURE CANE SUGAR, MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, MONO- AND DIGLYCERIDES, COLORED WITH ANNATTO. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, ARTIFICIAL BUTTER FLAVOR. VITAMIN A PALMITATE ADDED), CHOCOLATE (SUGAR, PALM KERNEL AND PALM OILS (PROCESSED WITH POTASSIUM CARBONATE), NONFAT DRY MILK, SORBITAN MONOSTERATE AND SOYA LECITHIN EMULSIFIERS, PURE VANILLA), BROWN SUGAR, DRY ROASTED PEANUTS, EGGS, BAKING POWDER, BAKING SODA

CONTAINS: EGGS, MILK, PEANUTS, SOY, WHEAT

Posh Bakery Nutrition Label Cookie, Rainbow 1.5 Oz

Nutrition Facts	
1 Cookie servings per container	
Serving size	43 g (1.5 oz)
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Amount per serving	
Calories	200
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	% Daily Value *
Total Fat 7g	9%
Saturated Fat 3g	16%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	4%
Sodium 115mg	5%
Total Carbohydrate 32g	11%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 17g Added Sugars	35%
Protein 2g	
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Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 2.6mg	15%
Potassium 60mg	2%
Vitamin A 260mcg	30%
Folate 25mcg DFE (15mcg Folic Acid)	6%
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* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
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Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME), SUGAR, MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, MONO- AND DIGLYCERIDES, COLORED WITH ANNATTO. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, ARTIFICIAL BUTTER FLAVOR. VITAMIN A PALMITATE ADDED), EGGS, MILK CHOCOLATE (SUGAR, COCOA BUTTER, CHOCOLATE LIQUOR, WHOLE MILK POWDER, SOY LECITHIN ADDED AS AN EMULSIFIER AND VANILLA, SUGAR, ARTIFICIAL COLOR [FD&C BLUE #1 LAKE, BLUE #2 LAKE, YELLOW #5, YELLOW #5 LAKE, YELLOW #6, YELLOW #6 LAKE, RED #40 LAKE, RED#40, RED#40 LAKE, SORBITOL, TITANIUM DIOXIDE, PHOSPHORIC ACID, METHYL AND PROPYL PARABENS, CARAMEL], CORN SYRUP, WAX, DEXTRIN), VANILLA EXTRACT, BAKING SODA, BAKING POWDER

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery Nutrition Label Cookie, Rainbow 3.0 Oz

Nutrition Facts	
1 Cookie servings per container	
Serving size	85 g (3 oz)
Amount per serving	
Calories	390
% Daily Value *	
Total Fat 13g	17%
Saturated Fat 6g	32%
<i>Trans</i> Fat 0g	
Cholesterol 25mg	8%
Sodium 230mg	10%
Total Carbohydrate 63g	23%
Dietary Fiber 1g	4%
Total Sugars 37g	
Includes 34g Added Sugars	69%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 5.2mg	30%
Potassium 130mg	2%
Vitamin A 510mcg	60%
Folate 45mcg DFE (25mcg Folic Acid)	10%
<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>	
<p>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</p>	

INGREDIENTS: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME), SUGAR, MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, MONO- AND DIGLYCERIDES, COLORED WITH ANNATTO. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, ARTIFICIAL BUTTER FLAVOR. VITAMIN A PALMITATE ADDED), EGGS, MILK CHOCOLATE (SUGAR, COCOA BUTTER, CHOCOLATE LIQUOR, WHOLE MILK POWDER, SOY LECITHIN ADDED AS AN EMULSIFIER AND VANILLA, SUGAR, ARTIFICIAL COLOR [FD&C BLUE #1 LAKE, BLUE #2 LAKE, YELLOW #5, YELLOW #5 LAKE, YELLOW #6, YELLOW #6 LAKE, RED #40 LAKE, RED#40, RED#40 LAKE, SORBITOL, TITANIUM DIOXIDE, PHOSPHORIC ACID, METHYL AND PROPYL PARABENS, CARAMEL], CORN SYRUP, WAX, DEXTRIN), VANILLA EXTRACT, BAKING SODA, BAKING POWDER

CONTAINS: EGGS, MILK, SOY, WHEAT

Posh Bakery
Nutrition Label
Cookie, Snickerdoodle 1.5 Oz

Nutrition Facts	
1 Cookie servings per container	
Serving size	43 g (1.5 oz)
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Amount per serving	
Calories	200
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	% Daily Value *
Total Fat 7g	8%
Saturated Fat 3g	15%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	4%
Sodium 115mg	5%
Total Carbohydrate 32g	12%
Dietary Fiber 1g	2%
Total Sugars 19g	
Includes 17g Added Sugars	35%
Protein 2g	
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Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 3.1mg	15%
Potassium 60mg	2%
Vitamin A 260mcg	30%
Folate 25mcg DFE (15mcg Folic Acid)	6%
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* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
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Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME), MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, MONO- AND DIGLYCERIDES, COLORED WITH ANNATTO. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, ARTIFICIAL BUTTER FLAVOR. VITAMIN A PALMITATE ADDED), EGGS, VANILLA EXTRACT, BAKING SODA, SPICES, BAKING POWDER

CONTAINS: EGGS, WHEAT

Posh Bakery
Nutrition Label
Cookie, Snickerdoodle 3.0 Oz

Nutrition Facts	
1 Cookie servings per container	
Serving size	85 g (3 oz)
Amount per serving	
Calories	390
% Daily Value *	
Total Fat 13g	16%
Saturated Fat 6g	30%
<i>Trans</i> Fat 0g	
Cholesterol 25mg	8%
Sodium 230mg	10%
Total Carbohydrate 63g	23%
Dietary Fiber 1g	3%
Total Sugars 36g	
Includes 34g Added Sugars	69%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 5.6mg	30%
Potassium 120mg	2%
Vitamin A 510mcg	60%
Folate 45mcg DFE (25mcg Folic Acid)	10%
<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>	
<p>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</p>	

INGREDIENTS: SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME), MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, MONO- AND DIGLYCERIDES, COLORED WITH ANNATTO. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE, ARTIFICIAL BUTTER FLAVOR. VITAMIN A PALMITATE ADDED), EGGS, VANILLA EXTRACT, BAKING SODA, SPICES, BAKING POWDER

CONTAINS: EGGS, WHEAT