

# Posh Bakery Nutrition Label Cobbler, Apple

## Nutrition Facts

24 servings per container  
Serving size 123 g (4.3 oz)

Amount per serving  
**Calories 240**

% Daily Value \*

<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 2.5g	<b>13%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 10mg	<b>4%</b>
<b>Sodium</b> 150mg	<b>6%</b>
<b>Total Carbohydrate</b> 48g	<b>17%</b>
Dietary Fiber 1g	<b>5%</b>
Total Sugars 32g	
Includes 2g Added Sugars	<b>5%</b>

**Protein** 1g

Vitamin D 3mcg	15%
Calcium 0mg	0%
Iron 1.5mg	8%
Potassium 40mg	0%
Vitamin A 120mcg	15%
Folate 15mcg DFE (10mcg Folic Acid)	4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: APPLE FILLING ([PREPARED WITH SODIUM SULFITE AND CALCIUM CHLORIDE], HIGH FRUCTOSE CORN SYRUP, WATER, SUGAR, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: LEMON JUICE, APPLE JUICE CONCENTRATE, CINNAMON, POTASSIUM SORBATE [PRESERVATIVE], SALT, CITRIC ACID , NUTMEG), ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), CORNSTARCH, BROWN SUGAR, SUGAR, SALT, OATS

CONTAINS: MILK, WHEAT

Posh Bakery  
Nutrition Label  
Cobbler, Cherry - Posh

<b>Nutrition Facts</b>	
24 servings per container	
<b>Serving size</b>	<b>123 g (4.3 oz)</b>
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<b>Amount per serving</b>	
<b>Calories</b>	<b>250</b>
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	<b>% Daily Value *</b>
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 2.5g	<b>13%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 10mg	<b>4%</b>
<b>Sodium</b> 160mg	<b>7%</b>
<b>Total Carbohydrate</b> 50g	<b>18%</b>
Dietary Fiber 1g	<b>5%</b>
Total Sugars 34g	
Includes 2g Added Sugars	<b>5%</b>
<b>Protein</b> 2g	
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Vitamin D 3mcg	15%
Calcium 10mg	0%
Iron 1.8mg	10%
Potassium 170mg	4%
Vitamin A 120mcg	15%
Folate 15mcg DFE (10mcg Folic Acid)	4%
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* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
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Calories per gram:	
Fat 9	Carbohydrate 4
•	• Protein 4

INGREDIENTS: FILLING (CHERRIES, WATER, HIGH FRUCTOSE CORN SYRUP, SUGAR, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: CITRIC ACID, SALT, POTASSIUM SORBATE (PRESERVATIVE), GELLAN GUM, F.D.&C RED 40, NATURAL FLAVOR. MAY CONTAIN CHERRY PITS), ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), CORNSTARCH, BROWN SUGAR, SUGAR, SALT, OATS

CONTAINS: MILK, WHEAT

Posh Bakery  
Nutrition Label  
Cobbler, Mixed Berry - Posh

<b>Nutrition Facts</b>	
24 servings per container	
<b>Serving size</b>	<b>123 g (4.3 oz)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>250</b>
	<b>% Daily Value *</b>
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 2.5g	<b>13%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 10mg	<b>4%</b>
<b>Sodium</b> 120mg	<b>5%</b>
<b>Total Carbohydrate</b> 50g	<b>18%</b>
Dietary Fiber 2g	<b>6%</b>
Total Sugars 33g	
Includes 2g Added Sugars	<b>5%</b>
<b>Protein</b> 2g	
Vitamin D 3mcg	15%
Calcium 10mg	2%
Iron 1.8mg	10%
Potassium 100mg	2%
Vitamin A 130mcg	15%
Folate 20mcg DFE (10mcg Folic Acid)	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: BLUEBERRY FILLING (WATER, HIGH FRUCTOSE CORN SYRUP, SUGAR, BLUEBERRIES, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: APPLES, NATURAL FLAVOR, LEMON JUICE, CITRIC ACID, SALT, POTASSIUM SORBATE [PRESERVATIVE], F.D. & C. BLUE 1), BLACKBERRIES, WATER, PURE CANE SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), MODIFIED FOOD STARCH, CORNSTARCH, BROWN SUGAR, SUGAR, SALT, OATS

CONTAINS: MILK, WHEAT

Posh Bakery  
Nutrition Label  
Cobbler, Peach - Posh

<b>Nutrition Facts</b>	
24 servings per container	
<b>Serving size</b>	<b>123 g (4.3 oz)</b>
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<b>Amount per serving</b>	
<b>Calories</b>	<b>230</b>
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	<b>% Daily Value *</b>
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 2.5g	<b>13%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 10mg	<b>4%</b>
<b>Sodium</b> 190mg	<b>8%</b>
<b>Total Carbohydrate</b> 46g	<b>17%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 33g	
Includes 2g Added Sugars	<b>5%</b>
<b>Protein</b> 1g	
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Vitamin D 3mcg	15%
Calcium 10mg	0%
Iron 1.8mg	10%
Potassium 60mg	2%
Vitamin A 330mcg	35%
Folate 15mcg DFE (10mcg Folic Acid)	4%
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* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
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Calories per gram:	
Fat 9	Carbohydrate 4
•	• Protein 4

INGREDIENTS: PEACH FILLING (PEACHES, SUGAR, WATER, HIGH FRUCTOSE CORN SYRUP, FOOD STARCH - MODIFIED, PRESERVATIVES [SODIUM BEANZOATE, SODIUM PROPIONATE SORBATE], LOCUST BEAN GUM, ERYTHORBIC AID, LEMON JUICE CONCENTRATE, CITRIC ACID, SALT, CALCIUM CHLORIDE, SPICE, NATURAL AND ARTIFICIAL FLAVORS, YELLOW 5, YELLOW 6), ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), CORNSTARCH, BROWN SUGAR, SUGAR, SALT, OATS

CONTAINS: MILK, WHEAT