### Posh Bakery **Nutrition Label** Cheese Cake, Ganache Swirl, 1/4 Sheet

#### **Nutrition Facts**

16 servings per container

Serving size 71 g (2.5 oz)

#### Calories per serving

Amount per serving	% Daily Value *	Amount per serving % Daily	Value *
Total Fat 26g	33%	Total Carbohydrate 33g	12%
Saturated Fat 17g	84%	Dietary Fiber 1g	4%
Trans Fat 1g		Total Sugars 23g	
Cholesterol 90mg	30%	Includes 3g Added Sugars	6%
Sodium 220mg	10%	Protein 5g	

Vitamin D 6.8mcg 35% • Calcium 60mg 4% • Iron 1.1mg 6% Potassium 100mg 2% • Vitamin A 760mcg 80%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), PURE CANE SUGAR, EGGS (WHOLE EGGS, NIASIN PREPARATION [AS PRESERVATIVE]), SOUR CREAM (CULTURED PASTEÜRIZED MILK, CREAM, NONFAT MILK, FOOD STARCH - MODIFIED (CORN), SODIUM PHOSPHATE, SODIUM CITRATE, GUAR GUM, CARRAGEENAN, LOCUST BEAN GUM, NATURAL FLAVOR), VANILLA EXTRACT, CRUMBS (GRAHAM FLOUR, ENRICHED WHEAT FLOUR [WHEAT FLOUR, ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, CORN FLOUR, PALM OIL, CORN SYRUP, MOLASSES, WHEY, HONEY, LEAVENING [SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, CORN STARCH], SALT, ARTIFICIAL COLOR [YELLOW 5 AND YELLOW 6], NATURAL FLAVOR, SOY LECITHIN), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), HEAVY CREAM (MILK), UNSWEETENED CHOCOLATE

# Posh Bakery Nutrition Label Cheese Cake, Ganache Swirl, Round 9"

# **Nutrition Facts**

12 servings per container **Serving size** 

113 g (4 oz)

Calories 630 per serving

Amount per serving	% Daily Value *	Amount per
Total Fat 42g	54%	Total Carl
Saturated Fat 27g	136%	Dietary
Trans Fat 1.5g		Total Su
Cholesterol 145mg	49%	Includ
Sodium 360mg	16%	Protein 8

Amount per serving % Daily Value \*

Total Carbohydrate 54g 20%

Dietary Fiber 2g 6%

Total Sugars 38g

Includes 5g Added Sugars 10%

Protein 8g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 11mcg 50% • Calcium 90mg 8% • Iron 1.7mg 10% Potassium 170mg 4% • Vitamin A 1240mcg 140%

INGREDIENTS: CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), PURE CANE SUGAR, EGGS (WHOLE EGGS, NIASIN PREPARATION [AS PRESERVATIVE]), SOUR CREAM (CULTURED PASTEURIZED MILK, CREAM, NONFAT MILK, FOOD STARCH - MODIFIED (CORN), SODIUM PHOSPHATE, SODIUM CITRATE, GUAR GUM, CARRAGEENAN, LOCUST BEAN GUM, NATURAL FLAVOR), VANILLA EXTRACT, CRUMBS (GRAHAM FLOUR, ENRICHED WHEAT FLOUR [WHEAT FLOUR, ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, CORN FLOUR, PALM OIL, CORN SYRUP, MOLASSES, WHEY, HONEY, LEAVENING [SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, CORN STARCH], SALT, ARTIFICIAL COLOR [YELLOW 5 AND YELLOW 6], NATURAL FLAVOR, SOY LECITHIN), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), HEAVY CREAM (MILK), UNSWEETENED CHOCOLATE

# Posh Bakery Nutrition Label Cheese Cake, Pumpkin 1/4 Sheet

# **Nutrition Facts**

16 servings per container **Serving size** 

71 g (2.5 oz)

Calories 320

Amount per serving	% Daily Value *	Amount per serving % Daily	Value *
Total Fat 19g	24%	Total Carbohydrate 33g	12%
Saturated Fat 12g	58%	Dietary Fiber 2g	8%
Trans Fat 0.5g		Total Sugars 17g	
Cholesterol 65mg	22%	Includes 0g Added Sugars	0%
Sodium 220mg	9%	Protein 5g	
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Vitamin D 1.9mcg 10% • Calcium 80mg 6% • Iron 1.7mg 10% Potassium 120mg 2% • Vitamin A 3030mcg 340%

INGREDIENTS: CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), PURE CANE SUGAR, EGGS (WHOLE EGGS, NIASIN PREPARATION [AS PRESERVATIVE]), SOUR CREAM (CULTURED PASTEURIZED MILK, CREAM, NONFAT MILK, FOOD STARCH - MODIFIED (CORN), SODIUM PHOSPHATE, SODIUM CITRATE, GUAR GUM, CARRAGEENAN, LOCUST BEAN GUM, NATURAL FLAVOR), CRUMBS, NATURAL PUMPKIN, VANILLA EXTRACT, PUMPKIN PIE SPICE

# Posh Bakery Nutrition Label Cheese Cake, Pumpkin 9" Round

# **Nutrition Facts**

12 servings per container **Serving size** 

113 g (4 oz)

Calories 490 per serving

Amount per serving	% Daily Value *	Amount per serving % Daily	Value *
Total Fat 29g	37%	Total Carbohydrate 50g	18%
Saturated Fat 18g	90%	Dietary Fiber 3g	12%
Trans Fat 1g		Total Sugars 27g	
Cholesterol 100mg	34%	Includes 0g Added Sugars	0%
Sodium 340mg	15%	Protein 8g	
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Vitamin D 3mcg 15% • Calcium 120mg 10% • Iron 2.7mg 15% Potassium 190mg 4% • Vitamin A 4680mcg 520%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), PURE CANE SUGAR, EGGS (WHOLE EGGS, NIASIN PREPARATION [AS PRESERVATIVE]), SOUR CREAM (CULTURED PASTEURIZED MILK, CREAM, NONFAT MILK, FOOD STARCH - MODIFIED (CORN), SODIUM PHOSPHATE, SODIUM CITRATE, GUAR GUM, CARRAGEENAN, LOCUST BEAN GUM, NATURAL FLAVOR), CRUMBS, NATURAL PUMPKIN, VANILLA EXTRACT, PUMPKIN PIE SPICE

## Posh Bakery Nutrition Label Cheese Cake, Raspberry Brownie, 1/4 Sheet

## Nutrition Facts

16 servings per container **Serving size** 

71 g (2.5 oz)

## Calories 390 per serving

Amount per serving	% Daily Value *	Amount per serving % Daily	Value *
Total Fat 24g	31%	Total Carbohydrate 38g	14%
Saturated Fat 16g	78%	Dietary Fiber 1g	3%
Trans Fat 1g		Total Sugars 25g	
Cholesterol 90mg	30%	Includes 3g Added Sugars	6%
Sodium 210mg	9%	Protein 5g	

Vitamin D 9.9mcg 50% • Calcium 50mg 4% • Iron 1.3mg 8% Potassium 80mg 2% • Vitamin A 710mcg 80%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PURE CANE SUGAR, BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), EGGS (WHOLE EGGS, NIASIN PREPARATION [AS PRESERVATIVE]), UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), COCOA (DUTCH PROCESS WITH POTASSIUM CARBONATE), SOUR CREAM (CULTURED PASTEURIZED MILK, CREAM, NONFAT MILK, FOOD STARCH - MODIFIED (CORN), SODIUM PHOSPHATE, SODIUM CITRATE, GUAR GUM, CARRAGEENAN, LOCUST BEAN GUM, NATURAL FLAVOR), VANILLA EXTRACT, SALT, CRUMBS (GRAHAM FLOUR, ENRICHED WHEAT FLOUR [WHEAT FLOUR, ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, CORN FLOUR, PALM OIL, CORN SYRUP, MOLASSES, WHEY, HONEY, LEAVENING [SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, CORN STARCH], SALT, ARTIFICIAL COLOR [YELLOW 5 AND YELLOW 6], NATURAL FLAVOR, SOY LECITHIN), RASPBERRY FILLING (WATER, HIGH FRUCTOSE CORN SYRUP, RED RASPBERRIES, SUGAR, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: CITRIC ACID, NATURAL FLAVOR, LEMON JUICE, POTASSIUM SORBATE [PRESERVATIVES], SALT, F.D.& C. RED NO 40)

## Posh Bakery **Nutrition Label** Cheese Cake, Raspberry Swirl, Round 9 Inches

### **Nutrition Facts**

12 servings per container Serving size

113 g (4 oz)

Calories per serving

Amount per serving	% Daily Value *	Amount per serving % Daily	Value *
Total Fat 40g	51%	Total Carbohydrate 54g	19%
Saturated Fat 26g	129%	Dietary Fiber 2g	5%
Trans Fat 1.5g		Total Sugars 37g	
Cholesterol 145mg	48%	Includes 5g Added Sugars	10%
Sodium 360mg	16%	Protein 8g	

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 10.5mcg 50% • Calcium 90mg 6% • Iron 1.4mg 8% Potassium 160mg 4% · Vitamin A 1210mcg 130%

INGREDIENTS: CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), PURE CANE SUGAR, EGGS (WHOLE EGGS, NIASIN PREPARATION [AS PRESERVATIVE]), SOUR CREAM (CULTURED PASTEÜRIZED MILK, CREAM, NONFAT MILK, FOOD STARCH - MODIFIED (CORN), SODIUM PHOSPHATE, SODIUM CITRATE, GUAR GUM, CARRAGEENAN, LOCUST BEAN GUM, NATURAL FLAVOR), VANILLA EXTRACT, CRUMBS (GRAHAM FLOUR, ENRICHED WHEAT FLOUR [WHEAT FLOUR, ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, CORN FLOUR, PALM OIL, CORN SYRUP, MOLASSES, WHEY, HONEY, LEAVENING [SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, CORN STARCH], SALT, ARTIFICIAL COLOR [YELLOW 5 AND YELLOW 6], NATURAL FLAVOR, SOY LECITHIN), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), RASPBERRY FILLING (WATER, HIGH FRUCTOSE CORN SYRUP, RED RASPBERRIES, SUGAR, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: CITRIC ACID, NATURAL FLAVOR, LEMON JUICE, POTASSIUM SORBATE [PRESERVATIVES], SALT, F.D.& C. RED NO 40)

# Posh Bakery Nutrition Label Cheese Cake, Raspberry Swirl,1/4 Sheet

## Nutrition Facts

16 servings per container

Serving size 71 g (2.5 oz)

## Calories 380

Amount per serving	% Daily Value *	Amount per serving % Daily	Value *
Total Fat 25g	32%	Total Carbohydrate 33g	12%
Saturated Fat 16g	80%	Dietary Fiber 1g	3%
Trans Fat 1g		Total Sugars 23g	
Cholesterol 90mg	29%	Includes 3g Added Sugars	6%
Sodium 220mg	10%	Protein 5g	

Vitamin D 6.4mcg 30% • Calcium 60mg 4% • Iron 0.9mg 4% Potassium 100mg 2% • Vitamin A 740mcg 80%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), PURE CANE SUGAR, EGGS (WHOLE EGGS, NIASIN PREPARATION [AS PRESERVATIVE]), SOUR CREAM (CULTURED PASTEURIZED MILK, CREAM, NONFAT MILK, FOOD STARCH - MODIFIED (CORN), SODIUM PHOSPHATE, SODIUM CITRATE, GUAR GUM, CARRAGEENAN, LOCUST BEAN GUM, NATURAL FLAVOR), VANILLA EXTRACT, CRUMBS (GRAHAM FLOUR, ENRICHED WHEAT FLOUR [WHEAT FLOUR, ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, CORN FLOUR, PALM OIL, CORN SYRUP, MOLASSES, WHEY, HONEY, LEAVENING [SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, CORN STARCH], SALT, ARTIFICIAL COLOR [YELLOW 5 AND YELLOW 6], NATURAL FLAVOR, SOY LECITHIN), BUTTER (PASTEURIZED CREAM [MILK], NATURAL FLAVORS), RASPBERRY FILLING (WATER, HIGH FRUCTOSE CORN SYRUP, RED RASPBERRIES, SUGAR, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: CITRIC ACID, NATURAL FLAVOR, LEMON JUICE, POTASSIUM SORBATE [PRESERVATIVES], SALT, F.D.& C. RED NO 40)

### Posh Bakery Nutrition Label Cheesecake, Plain 9"

# **Nutrition Facts**

12 servings per container **Serving size** 

113 g (4 oz)

Calories 540

Amount per serving	% Daily Value *	Amount per serving % Daily	Value *
Total Fat 33g	43%	Total Carbohydrate 52g	19%
Saturated Fat 21g	104%	Dietary Fiber 2g	<b>7</b> %
Trans Fat 1g		Total Sugars 30g	
Cholesterol 120mg	40%	Includes 0g Added Sugars	0%
Sodium 390mg	17%	Protein 9g	

Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* The % Daily

Vitamin D 3.5mcg 20% • Calcium 90mg 8% • Iron 1.6mg 10% Potassium 180mg 4% • Vitamin A 940mcg 100%

INGREDIENTS: CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), PURE CANE SUGAR, EGGS (WHOLE EGGS, NIASIN PREPARATION [AS PRESERVATIVE]), SOUR CREAM (CULTURED PASTEURIZED MILK, CREAM, NONFAT MILK, FOOD STARCH - MODIFIED (CORN), SODIUM PHOSPHATE, SODIUM CITRATE, GUAR GUM, CARRAGEENAN, LOCUST BEAN GUM, NATURAL FLAVOR), CRUMBS, VANILLA EXTRACT

### Posh Bakery Nutrition Label Cheesecake, Plain, 1/4 Sheet

# **Nutrition Facts**

16 servings per container **Serving size** 

71 g (2.5 oz)

Calories 350 per serving

Amount per serving	% Daily Value *	Amount per serving % Daily	Value *
Total Fat 21g	27%	Total Carbohydrate 35g	13%
Saturated Fat 13g	64%	Dietary Fiber 1g	5%
Trans Fat 0.5g		Total Sugars 19g	
Cholesterol 70mg	24%	Includes 0g Added Sugars	0%
Sodium 250mg	11%	Protein 6g	

Vitamin D 2.1mcg 10% • Calcium 60mg 4% • Iron 1.1mg 6% Potassium 120mg 2% • Vitamin A 570mcg 60%

used for general nutrition advice.

[XANTHAN AND/OR CAROB S PRESERVATIVE]) SOUR

\* The % Daily Value (DV) tells you how much

a nutrient in a serving of food

contributes to a daily diet. 2,000

calories a day is

INGREDIENTS: CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), PURE CANE SUGAR, EGGS (WHOLE EGGS, NIASIN PREPARATION [AS PRESERVATIVE]), SOUR CREAM (CULTURED PASTEURIZED MILK, CREAM, NONFAT MILK, FOOD STARCH - MODIFIED (CORN), SODIUM PHOSPHATE, SODIUM CITRATE, GUAR GUM, CARRAGEENAN, LOCUST BEAN GUM, NATURAL FLAVOR), CRUMBS, VANILLA EXTRACT